Living Well / Aging Well

Testicular Cancer Screening



What is testicular cancer screening?

There are no screening tests for testicular cancer. However, men should examine their testicles monthly after puberty and see a doctor if they find a lump in a testicle. During a routine check-up, a doctor will also examine a man's testicles as part of a physical exam. For more information, please review information from the American Cancer Society.



Source: https://www.cancer.org/cancer/testicular-cancer/detection-diagnosis-staging/detection.html

What are the signs of testicular cancer?

Testicles are two golf ball size organs that are a part of the male reproductive system. The signs of testicular cancer include:

- Lump or swelling in the testicle.
- Breast growth or soreness
- Early puberty in boys, such as deepening voice and the growth of facial and body hair
- Symptoms of advanced testicular cancer:
 - Low back pain
 - Shortness of breath, chest pain, or a cough (even coughing up blood)
 - Belly pain
 - Headaches or confusion

These signs can happen with other illnesses that are not cancer so please discuss them with your doctor.

Source: https://www.cancer.org/cancer/testicular-cancer/detection-diagnosis-staging/signs-and-symptoms.html