DO Day

Distinctive in Healthcare Advocacy and Leadership

FINDING YOUR WAY AROUND CAPITOL HILL
National Osteopathic Advocacy Center (NOAC)

- The National Osteopathic Advocacy Center (NOAC) is the AOA’s Washington, DC Office
- The address is 511 2nd Street, NE, Washington, DC
- The NOAC can be used to host virtual meetings or as a hospitality suite
- Light refreshments will be provided
Capitol Hill Photo and AOA DC Office (NOAC)

AOA Office: 511 2nd Street, NE

Group Photo @ Ulysses S. Grant Memorial
There are three metro stops within 0.5 miles of the Mayflower Hotel:
- Farragut West & McPherson will take you to Capitol South, closest stop to House Office Buildings
- Farragut North will take you to Union Station, the closest stop to NOAC and Senate Office Buildings

- NOAC, AOA DC Office
- Senate Office Buildings
- House Office Buildings
Capitol Hill is a (relatively) small neighborhood

| By car          | Capitol Hill offers few public parking options; street parking is difficult
|                 | The nearest garage is north of the Capitol, by Union Station
|                 | Many visitors prefer to arrive by taxi or ridesharing service, available throughout the city
|                 | Two of the most popular ridesharing services are Uber and Lyft - both are phone apps

| By public transportation | For most visitors, the Metro system will be the best mode of transportation
|                         | The Red line (subway) serves the north side of the Capitol, while the Blue, Orange, and Silver lines offer two stations to the south
|                         | The Metrobus serves various points around the Hill; visit WMATA.com for detailed maps

| By foot          | DC is a relatively walkable city
|                 | Hot and humid weather may make long walks inadvisable during the summer
|                 | Bring an extra pair of shoes, bottle of water, and umbrella to walk around comfortably
House and Senate buildings sit on opposite sides of the Capitol building
### Key Hill addresses are simple and formulaic

<table>
<thead>
<tr>
<th>House side</th>
<th>Other</th>
<th>Senate side</th>
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<tbody>
<tr>
<td><strong>Rayburn</strong>&lt;br&gt;House Office Building</td>
<td><strong>Library of Congress</strong>&lt;br&gt;101 Independence Ave SE, Washington, DC 20540</td>
<td><strong>Russell</strong>&lt;br&gt;Senate Office Building&lt;br&gt;2 Constitution Ave NE, Washington, DC 20002</td>
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<td><strong>Longworth</strong>&lt;br&gt;House Office Building</td>
<td><strong>Supreme Court</strong>&lt;br&gt;1 First Street NE, Washington, DC 20543</td>
<td><strong>Dirksen</strong>&lt;br&gt;Senate Office Building&lt;br&gt;100 Constitution Ave NE, Washington, DC 20002</td>
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<td><strong>Cannon</strong>&lt;br&gt;House Office Building</td>
<td><strong>Capitol Visitors Center</strong>&lt;br&gt;First &amp; East Capitol St SE, Washington, DC 20004</td>
<td><strong>Hart</strong>&lt;br&gt;Senate Office Building&lt;br&gt;150 Constitution Ave NE, Washington, DC 20510</td>
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<td><strong>Capitol South</strong>&lt;br&gt;Metro Station</td>
<td><strong>Federal Center</strong>&lt;br&gt;Metro Station&lt;br&gt;401 Third Street SW, Washington, DC 20024</td>
<td><strong>Union Station</strong>&lt;br&gt;Metro Station&lt;br&gt;701 First Street NE, Washington, DC 20002</td>
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