AOA exemptions or reductions in the number of required credits for certification granted by the Bureau of Osteopathic Specialists (BOS) do not affect individual state CME licensing requirements. Waivers or reductions in CME will not be granted without due cause unless policy advises otherwise.

Below is a list of common situations that may result in a reduction or waiver of the Component 2: Lifelong Learning/CME requirement for OCC. For situations other than those listed below, please contact your AOA specialty certifying board.

<table>
<thead>
<tr>
<th>REDUCTION/WAIVER REQUEST TYPES</th>
<th>Reduction/Waiver</th>
</tr>
</thead>
</table>
| **Full medical disability** (permanent with no intention to return to work) | • Diplomate must provide or statement letter from the treating physician  
• 100% of the requirement is waived  
• If a disabled physician ever returns to practice (even in an administrative position), they will have a prorated requirement |
| **Maternity/Paternity leave** | • Documentation of approved FMLA from employer required  
• Self-employed physicians must provide documentation from the treating provider in lieu of FMLA paperwork  
• 25% reduction in each requirement for diplomates taking maternity/paternity leave during the CME cycle |
| **Military** (non-career military personnel includes physicians called to active duty, emergency need duty, military operation, or placed on standby) | • Reduction of 1/6 of all requirements for every 6 months of qualifying service  
• Military orders, including anticipated length of service (or final length of service if at the conclusion of service) are required to qualify for this reduction |
| **Military** (assigned to positions other than the diplomat’s specialty) | • Reduction of 1/6 of all requirements for every 6 months of qualifying service  
• Military orders, including anticipated length of service (or final length of service if at the conclusion of service) are required to qualify for this reduction |
| **Military** (career military personnel including working with the Veterans Administration and/or U.S. Public Health Service) | • The BOS is aware of the difficulty physicians in the military have in acquiring osteopathic CME. If a military physician is deficient at the end of the CME cycle, a waiver of the remaining requirement may be granted |
# Reduction/Waiver Request Types

<table>
<thead>
<tr>
<th>Request Type</th>
<th>Requirements</th>
</tr>
</thead>
</table>
| **Retirement**                                                              | • Diplomates who place their certification into official “retired” status complete certification CME requirement  
• Certificates placed back into “active” status from “retired” status will have a prorated requirement |
| **Temporary medical disability** (currently unable to work, but anticipating eventual return to work) | • Diplomate must provide a letter or statement from the treating physician.  
• Up to 12 months’ illness = 1/3 reduction in each requirement  
• 13-24 months’ illness = 2/3 reduction in each requirement  
• 25-36 months’ illness = 100% waived |
| **Working outside the geographical boundaries of the United States and Canada** (includes missionary service) | • Diplomate must work out of the geographical boundaries of the US and Canada for a minimum of six continuous months and provide documentation from an employer or volunteer/missionary organization showing the dates of service  
• 6-12 months’ service = 1/3 reduction in each requirement  
• 1-3 years’ service = 50% reduction in each requirement (maximum allowed is 50%) |
| **Other extenuating circumstances**                                         | • In the event that a diplomate is facing circumstances that prevent obtaining sufficient credit, the diplomate is encouraged to contact the AOA Bureau of Osteopathic Specialists certification@osteopathic.org for additional information requesting a reduction or waiver of CME requirements |