SOUTHEAST
Hyatt Regency Savannah, Savannah, GA
June 13–16, 2019

EDUCATE. INNOVATE. COLLABORATE.

CO-SPONSORED BY:
The Georgia Osteopathic Medical Association (GOMA)
The North Carolina Osteopathic Medical Association (NCOMA)
The South Carolina Osteopathic Medical Society (SCOMS)
and The American Osteopathic Association (AOA)
OSTEOPATHIC PLEDGE OF COMMITMENT

As members of the osteopathic medical profession, in an effort to instill loyalty and strengthen the profession, we recall the tenets on which this profession is founded – the dynamic interaction of mind, body and spirit; the body’s ability to heal itself; the primary role of the musculoskeletal system; and preventive medicine as the key to maintain health. We recognize the work our predecessors have accomplished in building the profession, and we commit ourselves to continuing that work.

I pledge to:

Provide compassionate, quality care to my patients;

Partner with them to promote health;

Display integrity and professionalism throughout my career;

Advance the philosophy, practice and science of osteopathic medicine;

Continue life-long learning;

Support my profession with loyalty in action, word and deed; and

Live each day as an example of what an osteopathic physician should be.
Regional Osteopathic Medical Education

ROME® 2019 Southeast

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Attached, separate documents (available on site only)
CME Attendance Attestation Form
Conference and Speaker Evaluation Survey
Exhibitors Signature Card/Raffle Entry
List of Pre-Registered Attendees
PROGRAM
ROME® Southeast June 13–16, 2019
in Savannah, Georgia

GOMA, NCOMA, and SCOMS are accredited by the American Osteopathic Association to provide continuing medical education for physicians. GOMA, NCOMA, and SCOMS designate this program for a maximum of 25 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician’s participation in this activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providesship of the American Osteopathic Association (AOA) and The Georgia Osteopathic Medical Association (GOMA); The North Carolina Osteopathic Medical Association (NCOMA); and The South Carolina Osteopathic Medical Society (SCOMS).

The AOA is accredited by the ACCME to provide continuing medical education for physicians. AOA designates this activity for a maximum of 25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PLEASE NOTE: Program details are subject to change without notice. Last revised: 06/04/2019

**THURSDAY, June 13**

<table>
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<tr>
<th>Start</th>
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<th>PRESENTATIONS/EVENTS</th>
<th>SPEAKER</th>
<th>CME Credits</th>
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</thead>
<tbody>
<tr>
<td>11:00 a</td>
<td>6:00 p</td>
<td>Registration</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:00 p</td>
<td>2:15 p</td>
<td>Welcoming Remarks</td>
<td>Bruce A. Wolf, DO, FAOCR – Program Chair</td>
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**TRACK: Primary Care Updates and OMM/OMT**

<table>
<thead>
<tr>
<th>Time</th>
<th>PRESENTATIONS/EVENTS</th>
<th>SPEAKER</th>
<th>CME Credits</th>
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<tbody>
<tr>
<td>2:15 p</td>
<td>Osteopathic Manipulative Medicine Research: Where We’re At</td>
<td>Rebecca J. Bowers, DO</td>
<td>1</td>
</tr>
<tr>
<td>3:15 p</td>
<td>Update in Cardiology for the Primary Care Provider</td>
<td>Ryan Garbalosa, DO, FACC</td>
<td>1</td>
</tr>
<tr>
<td>4:00 p</td>
<td>Exhibitor Set Up</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:15 p</td>
<td>Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:30 p</td>
<td>Chest Pain: The Good, The Bad, and The Ugly</td>
<td>Lindsay Tjiattas-Saleski, DO, MBA, FACOEP Ronald Januchowski, DO, FACOFP</td>
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**Friday, June 14**

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<th>SPEAKER</th>
<th>CME Credits</th>
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<tbody>
<tr>
<td>6:30 a</td>
<td>6:00 p</td>
<td>Registration</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:30 a</td>
<td>7:00 a</td>
<td>Exhibitor Set Up</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00 a</td>
<td>7:00 p</td>
<td>Exhibit Hall Open</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00 a</td>
<td>8:00 a</td>
<td>Breakfast in Exhibit Hall</td>
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**TRACK: Gastrointestinal**

<table>
<thead>
<tr>
<th>Time</th>
<th>PRESENTATIONS/EVENTS</th>
<th>SPEAKER</th>
<th>CME Credits</th>
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</thead>
<tbody>
<tr>
<td>7:30 a</td>
<td>Surgical Aspects of GI Malignancies</td>
<td>Edward James Kruse, DO, FACS</td>
<td>1</td>
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<tr>
<td>8:30 a</td>
<td>Probiotics 2019: Fulfilling the Promise</td>
<td>Peter Buch, MD, AGAF, FACP</td>
<td>1</td>
</tr>
<tr>
<td>9:30 a</td>
<td>Break in Exhibit Hall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:00 a</td>
<td>Overview of Eosinophilic Esophagitis</td>
<td>Patrice G. Kruszewski, DO</td>
<td>1</td>
</tr>
<tr>
<td>11:00 a</td>
<td>Steatosis to Steatohepatitis to Cirrhosis</td>
<td>Craig Kubik, DO, FACP, FACP</td>
<td>1</td>
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**TRACK: Orthopedics**

<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>Noon</td>
<td>Breaking Bad: A Crash Course on Osteoporosis</td>
<td>Omar T. Khan, DO, FACR</td>
<td>1</td>
</tr>
<tr>
<td>Time</td>
<td>Event</td>
<td>Speaker</td>
<td>CME Credits</td>
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</tr>
<tr>
<td>1:00 p</td>
<td>Lunch served in Exhibit Hall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:30 p</td>
<td>Mesenchymal &quot;Stem Cells&quot; in Musculoskeletal Medicine: The Next Frontier or Snake Oil?</td>
<td>Robert L. Bowers, DO, PhD</td>
<td>.75</td>
</tr>
<tr>
<td>2:15 p</td>
<td>A Primary Care Guide to Carpal Tunnel Syndrome</td>
<td>Michael L. Mangonon, DO, FACOS</td>
<td>.75</td>
</tr>
<tr>
<td>3:00 p</td>
<td>Orthopedic Exam of Large Joints: Common Ortho Problems</td>
<td>Mark A. Jenkins, DO, FAOAO</td>
<td>1</td>
</tr>
<tr>
<td>4:00 p</td>
<td>Break in Exhibit Hall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:30 p</td>
<td>Common Foot &amp; Ankle Problems in Adults</td>
<td>Leslie B. Dowling, DPM, MBA</td>
<td>1</td>
</tr>
<tr>
<td>5:30 p</td>
<td>Reception in Exhibit Hall - Dean’s Updates</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:30 p</td>
<td>GOMA Board Meeting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:45 p</td>
<td>SCOMS Membership Meeting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00 p</td>
<td>Exhibit Hall breakdown</td>
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**Saturday, June 15**

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<tr>
<td>6:30 a</td>
<td>5:30 p</td>
<td>Registration</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6:45 a</td>
<td>8:00 a</td>
<td>Breakfast Served</td>
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**TRACK: Updates in Obesity Medicine**

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<th>CME Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a</td>
<td>8:30 a</td>
<td>Overview of the Obesity Epidemic</td>
<td>Nicholas Pennings, DO</td>
<td>1</td>
</tr>
<tr>
<td>8:30 a</td>
<td>9:30 a</td>
<td>Obesity in the Female Patient with a Focus on PCOS</td>
<td>Michelle D. Langaker, DO</td>
<td>1</td>
</tr>
<tr>
<td>9:30 a</td>
<td>10:00 a</td>
<td>Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:00 a</td>
<td>11:00 a</td>
<td>Understanding the Why Behind the What: Behavioral Considerations in the Treatment of Obesity</td>
<td>Tiffany Lowe-Payne, DO</td>
<td>1</td>
</tr>
<tr>
<td>11:00 a</td>
<td>Noon</td>
<td>Recognition and Management of Eating Disorders for the Primary Care Physician</td>
<td>Louise D. Metz, MD</td>
<td>1</td>
</tr>
<tr>
<td>Noon</td>
<td>12:30 p</td>
<td>Lunch Served</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:30 p</td>
<td>1:30 p</td>
<td>Treatment of Obesity through Dietary Modification</td>
<td>Nicholas Pennings, DO</td>
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**TRACK: Hot Topics in Primary Care**

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<th>Start</th>
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<th>PRESENTATIONS/EVENTS</th>
<th>SPEAKER</th>
<th>CME Credits</th>
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<tbody>
<tr>
<td>1:30 p</td>
<td>2:45 p</td>
<td>Stress and Physician/Patient Communication: The Evidence Behind Mindfulness for &quot;Unintentional Inattention&quot;</td>
<td>Jeffrey M. Krepps, PhD, LMFT</td>
<td>1.25</td>
</tr>
<tr>
<td>2:45 p</td>
<td>3:15 p</td>
<td>Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:15 p</td>
<td>4:30 p</td>
<td>Tuning In to Avoid Burning Out</td>
<td>Daniel Marlowe, PhD, LMFT</td>
<td>1.25</td>
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<tr>
<td>4:30 p</td>
<td>5:30 p</td>
<td>Hypertension Highlights 2019</td>
<td>Catherine A. Schaefer, MD</td>
<td>1</td>
</tr>
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</table>
5:30 p  7:00 p  NCOMA State Membership Meeting
6:30 p  8:30 p  GOMA Social for GA Physicians and Spouses (off site)
7:00 p  8:00 p  NCOMA Dinner (off site) – Attendees must provide an advance RSVP to Nancy Guy at guy@campbell.edu

**Sunday, June 16**

<table>
<thead>
<tr>
<th>Start</th>
<th>End</th>
<th>PRESENTATIONS/EVENTS</th>
<th>SPEAKER</th>
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<td>7:00 a</td>
<td>Noon</td>
<td>Registration</td>
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<tr>
<td>7:00 a</td>
<td>8:00 a</td>
<td>Breakfast</td>
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**TRACK: Primary Care Updates**

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<tr>
<th>Start</th>
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<th>PRESENTATIONS/EVENTS</th>
<th>SPEAKER</th>
<th>CME Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a</td>
<td>8:30 a</td>
<td>How Diabetes Drugs are Changing the Landscape: A Nephrologist’s Perspective</td>
<td>Mark D. Purcell, DO</td>
<td>1</td>
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<tr>
<td>8:30 a</td>
<td>9:30 a</td>
<td>Immunotherapy: Harnessing our Immune System to Fight Cancer</td>
<td>Trina A. Poretta, DO, FACOI</td>
<td>1</td>
</tr>
<tr>
<td>9:30 a</td>
<td>9:45 a</td>
<td>Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:45 a</td>
<td>11:00 a</td>
<td>Red, Flakey, Itchy, and Crusty — It’s Time for Photo Rounds</td>
<td>Robert Danoff, DO, MS, FACOFP, FAAFP</td>
<td>1.25</td>
</tr>
<tr>
<td>11:00 a</td>
<td>12:15 p</td>
<td>What’s New in the Thyroid</td>
<td>Louis Haenel, IV, DO, FACE, FACOI</td>
<td>1.25</td>
</tr>
<tr>
<td>12:15 p</td>
<td></td>
<td>Conference Adjourns</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**ROME® Southeast 2019 Educational Planning Committee:**
Bruce A. Wolf, DO – Chair
Michael Baron, DO
Matthew Cannon, DO
Dianna Glessner, DO
Ron Januchowski, DO
Craig M. Kubik, DO
Tiffany Lowe-Payne, DO
James (Jim) Powers, DO
David Tolentino, DO

**ROME® Program Learning Objectives**

What the attendees should be able to do following program participation:
- Improve their diagnostic skills
- Explain and implement current treatment guidelines and protocols
- Evaluate pharmacodynamics of patient management
- Modify current behavior of patients to improve health and wellness
- Identify practice changes that will improve outcomes

**ROME® 2019 Southeast Learning Objectives**

In addition, specific learning objectives are developed for each presentation and will be provided in the Syllabus on site.
GENERAL CONFERENCE INFORMATION

Conference Co-Sponsors
ROME® Southeast is co-sponsored by the South Carolina Osteopathic Medical Society (SCOMS), North Carolina Osteopathic Medical Association (NCOMA), and Georgia Osteopathic Medical Association (GOMA) together with the American Osteopathic Association.

Conference Materials/Registration Desk
Speaker handouts and slides are available for download at: www.osteopathic.org/romeSEhandouts. Copies of the Syllabus and Attendance Attestation Form will be distributed at the Registration Desk. A limited number of hard copies of the Evaluations and the Pre-Registrants list will also be available. Registration desk will be open Thursday, 11:00 am – 6:00pm; Friday, 6:30 am - 6:00pm; Saturday, 6:30 am – 5:30 pm; and Sunday, 7:00 am - Noon.

Evaluations
Please fill out the speaker and program evaluation form completely. This information not only helps the speaker in future presentations, it helps the ROME® Planning Committee continue to develop valuable CME programming for you. Evaluations may be completed hard copy or online up to four weeks after the conference, until July 16, 2019 at www.surveymonkey.com/r/ROME2019SE-Evals.

A link to a second survey – Outcomes Measures – will be sent to attendees via email two weeks after the conference. This outcomes survey is designed to gauge how much you retain and/or put into practice after our conference, and is only open 15-30 days following the conference. This means you must reply by Tuesday, July 16, 2019. Those who complete this second survey will earn an additional 2 credits of 1-A CME at no extra charge. You will need your name and AOA number, which will be provided with the link.

Internet Access
Wireless internet will be available in the conference space. The network name (SSID) is @Hyatt_Meetings and the Access Code is: AOA19

Exhibit Hall
ROME® Southeast Education Committee and staff have worked hard to provide a mix of pharmaceutical and medical device representatives with a variety of service providers in our Exhibit Hall. The official hours for the Exhibit Hall are 7:00 am – 7:00 pm Friday. Please remember that their financial support is very important to keeping our conference rates level and moderate. You received a form at registration for exhibitors to initial – this completed form will serve as your raffle ticket (must be present to win). Additional details will be announced by Moderators.

Grievance Policy
All grievances should be in writing and specify the nature of the grievance and any particulars. Initially, all grievances should be directed to an Executive Director of a participating affiliate. The Executive Director will review all grievances and resolve if possible. If no resolution is possible, the Executive Director may then pass the information on to the ROME® Educational Program Planning Committee. If the participant does not receive a satisfactory response, they may then notify the Council on Osteopathic Continuing Medical Education of the American Osteopathic Association at 142 E. Ontario St., Chicago, IL 60611.
Americans with Disabilities Act
ROME® co-sponsors are committed to making this program accessible to all individuals. Every effort will be made to accommodate requests per the Americans with Disabilities Act, as noted in your registration.

Questions, Comments?
Please stop by the Registration Desk – open each day. After the conference, call the ROME® office at (312) 202-8215 or email us at ROME@osteopathic.org.

CME CREDITS INFORMATION

CME Credits Information - Attendance Attestation
You MUST complete and sign the Attendance Attestation form and return it to ROME® Southeast staff in order for your CME credits to be granted and submitted to AOA Continuing Medical Education. No exceptions due to accreditation requirements. Please return the CME form when you depart the conference, whichever day that is for you. Forms must be received by the ROME® office by Monday, July 1st. Please be sure to sign-in each day as well, because that will ensure we follow up with you if we don’t have your attestation form by the deadline.

1-A CME Credits
The Georgia Osteopathic Medical Association, North Carolina Osteopathic Medical Association, and South Carolina Osteopathic Medical Society (ROME® Southeast co-sponsors) are accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The ROME® co-sponsors designate this program for a maximum of 25 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician’s participation in this activity.

AMA PRA Category 1 Credits™
AOA designates this activity for a maximum of 25 AMA PRA Category1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Osteopathic Association (AOA) and the Georgia Osteopathic Medical Association, North Carolina Osteopathic Medical Association, and South Carolina Osteopathic Medical Society. The AOA is accredited by the ACCME to provide continuing medical education for physicians.

Credits Available by Day
The maximum CME credits by day are:

<table>
<thead>
<tr>
<th>Day</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Thursday, June 13</td>
<td>3.5 credits</td>
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<tr>
<td>Friday, June 14</td>
<td>8.5 credits</td>
</tr>
<tr>
<td>Saturday, June 15</td>
<td>8.5 Credits</td>
</tr>
<tr>
<td>Sunday, June 16</td>
<td>4.5 Credits</td>
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Certificates
CME certificates will be E-mailed approximately two weeks after the conference to the address on Attendance Attestation form. Certificates cannot be processed on-site, and certificates will be held until all fees are paid in full. The last day to submit your form to ROME® Headquarters is MONDAY, JULY 1, 2019. Attestation forms submitted AFTER this date will require a $25 processing fee in order for credits to be granted.
DISCLOSURE STATEMENT

The American Osteopathic Association has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program.

In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME’s Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff.

The following faculty, presenters and planning committee members have indicated that they have no relationship that could be perceived as a potential conflict of interest:

ROME® 2019 Southeast Planning Committee
Bruce A. Wolf, DO, FAOCR – Chair, AOA Trustee  Michael Baron, DO – GOMA
Matthew Cannon, DO – SCOMS  Dianna Glessner, DO – GOMA
Ronald Januchowski, DO – SCOMS  Craig M. Kubik, DO – GOMA
Tiffany Lowe-Payne, DO – NCOMA  James Powers, DO – NCOMA
David Tolentino, DO – NCOMA

Lawrence Cunningham – AOA Director, Affiliate Affairs  Kate Boyenga – GOMA Executive Director
Nancy Guy – NCOMA Executive Director  Tammy Whaley – SCOMS Executive Director

Faculty in Presentation Order
Rebecca J. Bowers, DO  Ryan Garbalosa, DO, FACC
Lindsay Tjiattas-Saleski DO, MBA, FACOEP  Ronald Januchowski, DO, FACOFP
Edward James Kruse, DO, FACS  Peter Buch, MD, AGAF, FACP
Robert L. Bowers, DO, PhD  Michael L. Mangonon, DO, FACOS
Mark A. Jenkins, DO, FAOAO  Leslie B. Dowling, DPM, MBA
Michelle Langaker, DO  Tiffany Lowe-Payne, DO
Louise D. Metz, MD  Jeffrey M. Krepps, PhD, LMFT
Daniel Marlowe, PhD, LMFT  Catherine A. Schaefer, MD
Mark D. Purcell, DO  Trina A. Poretta, DO, FACOI
Rob Danoff, DO, MS, FACOFP, FAAFP  Louis C. Haenel, IV, DO, FACE, FACOI

The following faculty, presenters and planning committee members have indicated that they may have a relationship that could be perceived as a potential conflict of interest:

Planning Committee
Elizabeth F. Harano, CHCP – AOA ROME® Program Manager - CME
Stock holdings: AbbVie, Ecolab, Fitbit, and Proctor & Gamble
Faculty in Presentation Order

Patrice G. Kruszewski, DO
*Unlabeled/Unlicensed use: Anticipates discussing the unlabeled use of fluticasone and budesonide for Eosinophilic Esophagitis therapies*

Craig Kubik, DO, FACP, FACG
*Speakers’ Bureau: Allergan*

Omar T. Khan, DO, FACR
*Speakers’ Bureau: Horizon, Exxagen*
*Consulting: Bristol Myers Squibb*

Nicholas Pennings, DO (2 presentations)
*Consulting: Medifast, Obesity Medicine Association*
*Unlabeled/Unlicensed use: Anticipates discussing unlabeled uses of metformin, topiramate and phentermine for use in weight loss*

Louis C. Haenel, IV, DO, FACE, FACOI
*Speakers’ Bureau: NovoNordisk, Boehringer-Ingelheim, Eli Lilly, AstraZeneca*

Speakers were asked to declare any financial interest/arrangement or affiliation that may be perceived as a conflict of interest in the context of their presentations along with any anticipated off label use or unlabeled/unapproved uses of drugs or products. All of the planners and faculty with disclosures were reviewed by the Program Chair and potential conflicts were resolved. The information reported by Speakers is also included in the “Program Guide” section of this syllabus together with their biographical sketch, explanation of availability of their slides, and their learning objectives.

ACKNOWLEDGMENTS

ROME® 2019 Southeast gratefully acknowledges support for the Conference Reception from Edward Via College of Osteopathic Medicine – Carolinas Campus.

DISCLAIMER

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by the AOA. In no event will the AOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

COMMERCIAL SUPPORT

ROME® Continuing Medical Education program planning ensures balance, independence, objectivity and scientific rigor in their educational programs. Individual activities are developed independently of educational grant support. In accordance with the standards of the AOA Council on Osteopathic CME, any commercial supporters of this meeting have had no influence over topics or speakers. Acknowledgement of commercial support is provided in conference program materials. There was no commercial support for this activity.
ROME® 2019 SOUTHEAST - PROGRAM GUIDE

THURSDAY, JUNE 13

11:00 AM – 6:00 PM  Registration Open

2:00 – 2:15 PM  Welcome, Opening Remarks

Bruce A. Wolf, DO, FAOCR is an assistant professor of interventional radiology at Michigan State University. A fellow of the American Osteopathic College of Radiology, Dr. Wolf has served the osteopathic medical profession in numerous capacities, including chair of the AOA’s Program and Trainee Review Council. Outside of his involvement with the AOA, Dr. Wolf is the immediate past president of the Michigan Osteopathic Association and president of the American Osteopathic College of Radiology.

Dr. Wolf earned his osteopathic medical degree from the Midwestern University Chicago College of Osteopathic in Downers Grove, Illinois. He completed his internship and residency training at the former Pontiac (Michigan) Osteopathic Hospital. Dr. Wolf is the Program Chair for all three of the 2019 Regional Osteopathic Medical Education (ROME®) Conferences: Rocky Mountain in Keystone, CO; Southeast in Savannah, GA; and New England in Providence, Rhode Island.

2:15 – 3:15 PM  Osteopathic Manipulative Medicine Research: Where We’re At

Rebecca J. Bowers, DO, is AOBNMM certified in Neuromusculoskeletal medicine/Osteopathic manipulative medicine (NMM/OMM) and practices in Greenville, SC at her clinic, Fulcrum Osteopathic Wellness. She has been an assistant professor of Osteopathic Manipulative Medicine at Edward Via College of Osteopathic Medicine- Carolinas Campus Spartanburg, SC since 2015. She has also been a national faculty member in the OPP/NMM- Clinical Division for the National Board of Osteopathic Medical Examiners since 2015. She is the current president of the South Carolina Osteopathic Medical Society.

Dr. Bowers received her doctorate in osteopathic medicine from Midwestern University- Arizona College of Osteopathic Medicine in 2011. She completed her residency training at Mercy Health Partners NMM/OMM residency in Muskegon, Michigan in 2014. She has spoken at regional and national conferences, including ROME® SE, and is happy to be back to share with you all at the ROME® SE 2019.

Faculty Disclosure:  No conflict

Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:

- Communicate some of the various challenges and approaches to Osteopathic Manipulative Medicine (OMM) Research
- Discuss areas of potential research that are likely to improve upon the understanding of and clinical application of OMM
- Recall some of the larger OMM studies of the past few years and discuss their findings
- List the current evidence-based OMM guidelines
3:15 – 4:15 PM  Update in Cardiology for the Primary Care Provider

Ryan Garbalosa, DO, FACC graduated from Nova Southeastern University College of Osteopathic Medicine in Ft. Lauderdale, FL in 2009. He completed his Internal Medicine residency at Palmetto General Hospital in Hialeah, FL and his Cardiology fellowship at the Deborah Heart and Lung Center in Browns Mills, NJ. He is board certified by the American Osteopathic Board of Internal Medicine in Internal Medicine and Cardiology and is also imaging board certified by the National Board of Echocardiography and the Certification Board of Nuclear Cardiology.

Dr. Garbalosa is currently practicing as part of McLeod Cardiology Associates in Sumter and Manning, SC where he is the medical director of the cardiac rehabilitation and echocardiography departments at McLeod Clarendon Hospital. He is an associate professor of the Virginia College of Osteopathic Medicine for their Sumter rotation site. He is a fellow of the American College of Cardiology and is the immediate past president of the Sumter-Clarendon-Lee tri-county chapter of the South Carolina Medical Association. He currently serves as the chair of the young physicians section of the South Carolina Medical Association.

Faculty Disclosure: No conflict

Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:
- Diagnose and choose the appropriate treatment for hyperlipidemia
- Diagnose and choose the appropriate treatment for hypertension
- Identify proper uses indications for antiplatelet and anticoagulant medications

4:15 – 4:30 PM – Break

4:30 – 6:00 PM  Chest Pain: The Good, The Bad and The Ugly

Lindsay Tjiattas-Saleski DO, MBA, FACOEP received her medical degree from the University of Medicine and Dentistry of New Jersey (Now Rowan). She completed her residency in Family Practice and Emergency Medicine at Aria Health in Philadelphia (now Jefferson University System). She has taught at the ACOFP Intensive Board Review for the last five years and speaks at the ACOFP scientific seminars. Currently, Dr. Tjiattas-Saleski is the Director of the North Greenville Emergency Room for the Greenville Health System and is an Assistant Clinical Professor at the University of South Carolina School of Medicine Greenville. Additionally, she is the Immediate Past President of SCOMS and is and is currently concluding a term as Board Trustee.

Ronald Januchowski, DO, FACOFP is Board Certified in Family Medicine. He is Associate Dean for Medical Education for the Via College of Osteopathic Medicine in Spartanburg, South Carolina where he directs the didactic education for 320 first and second year medical students.

Faculty Disclosure: No conflicts

Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:
- Recognize common emergent EKG findings
- Risk stratify patients based on heart score
- Evaluate and treat a patient osteopathically with a chest pain complaint

**FRIDAY, JUNE 14**

**6:30 AM – 6:00 PM**  
Registration Open

**7:00 AM – 7:00 PM**  
Exhibit Hall Open

**7:00 – 8:00 AM**  
Breakfast served in Exhibit Hall

<table>
<thead>
<tr>
<th>7:30 – 8:30 AM</th>
<th>Surgical Aspects of GI Malignancies</th>
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<tbody>
<tr>
<td><strong>Edward James Kruse, DO, FACS</strong></td>
<td>is a surgical oncologist from the medical College of Georgia in Augusta who treats a wide range of cancers but particularly specializes in cancers of the stomach, pancreas, and liver. He then did his medical school at Des Moines University in Iowa. He served in the US Army in Germany for 3 years before pursuing his general surgery residency in Marshfield, Wisconsin. His 3-year surgical oncology fellowship was completed at the Medical College of Virginia in Richmond. He has been in his current practice since finishing fellowship in 2006.</td>
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<td><strong>Faculty Disclosure:</strong></td>
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<td><strong>Slides have been posted to the presentations website</strong></td>
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<tr>
<td><strong>Objectives</strong> - At the conclusion of the presentation, the learner will be able to:</td>
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<tr>
<td>• Identify common presentations of patients with GI cancers</td>
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<td>• Describe the rationale for different GI cancer operations</td>
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<tr>
<td>• Care for patients experiencing the common postoperative sequelae of GI operations</td>
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<tr>
<th>8:30 – 9:30 AM</th>
<th>Probiotics 2019: Fulfilling the Promise</th>
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<tbody>
<tr>
<td><strong>Peter Buch, MD, AGAF, FACP</strong></td>
<td>is a clinical gastroenterologist with more than 30 years of teaching experience. Teaching is his PASSION. His style is case based, practical, very interactive and FUN. He is an Associate Professor at: The University of Connecticut School of Medicine, University of Connecticut School of Medicine (ECHN branch), and The Frank H Netter MD School of Medicine/Quinnipiac University.</td>
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<td><strong>Faculty Disclosure:</strong></td>
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<tr>
<td><strong>Objectives</strong> - At the conclusion of the presentation, the learner will be able to:</td>
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<tr>
<td>• Select the proven GI uses of Probiotics</td>
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</tbody>
</table>
• Discover how fecal transplants may be the ultimate Probiotic
• Describe the future uses of Probiotics

9:30 – 10:00 AM – Exhibitor Break

10:00 – 11:00 AM  Overview of Eosinophilic Esophagitis

Patrice G. Kruszewski, DO is a graduate of the Philadelphia College of Osteopathic Medicine in Philadelphia. She completed an osteopathic internship at Delaware County Memorial Hospital in conjunction with Crozer Hospital in Chester, PA. Upon completion of her internship, she went on to complete her pediatric residency at Thomas Jefferson University/A. I. DuPont Hospital for Children in Wilmington, DE. She did her fellowship in Pediatric Gastroenterology, Hepatology, and Nutrition at Nationwide Children’s Hospital in Columbus, Ohio.

Dr. Kruszewski came to Atlanta in 2014 to join the pediatric GI division at Emory University/Children's Healthcare of Atlanta. Her passions within pediatric GI are Eosinophilic Esophagitis (EoE) and inflammatory bowel disease. She has developed an EoE multidisciplinary clinic at Children’s since coming to Atlanta. The clinic is composed of herself, an allergist, and a nutritionist. She has authored several papers on EoE and has evaluated the use of a cow’s milk free diet in comparison to swallowed steroids. Along with her interest in EoE, she is also involved with the pediatric residency at Emory. Despite living in the south Dr. Patrice (as her patients call her) is an avid Philadelphia Phillies fan.

Faculty Disclosure: No conflict. Dr. Kruszewski discloses that she anticipates discussing the unlabeled use of fluticasone and budesonide for EoE therapies.

Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:
• Define Eosinophilic Esophagitis (EoE)
• Review the history of EoE
• Describe the signs and symptoms of EoE
• Discuss treatments and management of EoE

11:00 AM – Noon  Steatosis to Steatohepatitis to Cirrhosis

Craig Kubik, DO, FACP, FACG is a board certified practicing gastroenterologist with Digestive Disease Consultants, PC (since 1999) and with the South Georgia Endoscopy Center, Inc., (since 2001) both in Waycross, GA. A graduate of New York College of Osteopathic Medicine, he completed an internship in Pennsylvania then a residency at Mercy Hospital in Buffalo, NY where he also served as Chief Medical Resident. He was deployed as an Internist to Desert Shield and Desert Storm out of Holloman Air Force Base in New Mexico. Dr. Kubik did a Gastroenterology Fellowship in San Antonio 1992-94 then served as GI specialist at Wright-Patterson Air Force Base in Ohio until 1996.

Dr. Kubik is an Assistant Clinical Professor for the Medical College of Georgia and Clinical Faculty for the Georgia campus of PCOM. He is a past President of the Georgia Osteopathic Medical Association.

Faculty Disclosure: No conflict. He discloses that he is on the Speakers’ Bureau for Allergan.
Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:

- Define the differences between steatosis, steatohepatitis, and cirrhosis
- Interpret invasive and noninvasive means of diagnosing steatohepatitis
- Recognize that steatohepatitis has become a leading cause of cirrhosis, liver failure, and need for orthotopic liver transplantation

Noon – 1:00 PM       Breaking Bad: A Crash Course on Osteoporosis

Omar T. Khan, DO, FACR is a board certified Rheumatologist with the Arthritis & Rheumatology Center PC in the Atlanta, GA metropolitan area. A graduate of Drexel University College of Medicine, he also did his internship and residency there in Philadelphia, PA. He is a member of the Arthritis Foundation and Doctors without Borders, and has volunteered with the NYC Medical Reserve Corps.

Faculty Disclosure: No conflict. He discloses that he has been a speaker for Horizon and Exxagen and has consulted for Bristol Myers Squibb.

Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:

- Understand the basics of osteoporosis diagnosis
- Recognize treatment options of osteoporosis
- Detect patients who need to be screened for osteoporosis

1:00 – 1:30 PM – Lunch served in Exhibit Hall

1:30 – 2:15 PM       Mesenchymal "Stem Cells" in Musculoskeletal Medicine: The Next Frontier or Snake Oil?

Robert L. Bowers, DO, PhD is a former collegiate baseball player and has a PhD in Kinesiology from Auburn University. He completed medical school at Philadelphia College of Osteopathic Medicine-Georgia Campus and residency training in Physical Medicine and Rehabilitation at Emory in Atlanta, GA. He completed further sub-specialty fellowship training in Sports Medicine at Emory as well.

Dr. “Robby” Bowers is currently assistant professor of orthopedics and rehabilitation medicine at Emory and his specific clinical interests are regenerative medicine/orthobiologics, utilization of musculoskeletal ultrasound, and baseball medicine/throwing athletes. He lives in the Atlanta area with his wife and two children.

Faculty Disclosure: No conflict

Slides will not be posted, at the direction of the speaker

Objectives - At the conclusion of the presentation, the learner will be able to:

- Explain what a mesenchymal stem cell is, how it functions, and what are its sources
- Answer whether or not off-the-shelf birth tissue products used for orthopedic/musculoskeletal use contain live stem cells
Describe state of current evidence regarding the use of mesenchymal stem cell treatments in musculoskeletal medicine

2:15 – 3:00 PM  A Primary Care Guide to Carpal Tunnel Syndrome

Michael L. Mangonon, DO, FACOS was born and raised in Staten Island, New York. He attended Johns Hopkins University for his undergraduate studies and Nova Southeastern University for medical school. He chose to do a residency in General Surgery at Lutheran Medical Center in Brooklyn, New York. His hand surgery training was then completed at the University at Buffalo. He first practiced in New York City with Plancher Orthopaedics and Sports Medicine and now practices in Atlanta, Georgia with Atlanta Hand Specialist. Dr. Mangonon is here to speak about one of the most common diagnoses in hand surgery, carpal tunnel syndrome.

Faculty Disclosure: No conflict

Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:
- Understand carpal tunnel syndrome
- Diagnose carpal tunnel syndrome
- Understand treatment options for carpal tunnel syndrome

3:00 – 4:00 PM  Orthopedic Exam of Large Joints: Common Ortho Problems

Mark A. Jenkins, DO, FAOAO, a native of Savannah, joined Chatham Orthopaedic Associates in 2001 and became board certified in orthopaedic surgery in 2003. Dr. Jenkins takes orthopaedic trauma calls on a regular schedule and is the Director of Orthopaedic Trauma at Memorial Health University Hospital. He also holds active staff privileges at Memorial, Saint Joseph’s and Candler hospitals. Dr. Jenkins is an Associate Clinical Professor of Surgery at Mercer School of Medicine and is actively involved in teaching Mercer’s medical students and residents.

Dr. Jenkins has published several articles in peer-reviewed orthopaedic journals and has presented scientific posters and papers at the American Academy of Orthopaedic Surgery’s yearly meeting. He also has lectured at several national orthopaedic conferences.

Faculty Disclosure: No conflict

Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:
- Diagnose and manage common shoulder and elbow conditions
- Diagnose and manage common hip and knee conditions
- Diagnose and manage common cervical and lumbar conditions

4:00 – 4:30 PM – Exhibitor Break

4:30 – 5:30 PM  Common Foot & Ankle Problems in Adults
Leslie B. Dowling, DPM, MBA is a podiatrist in Waycross, Georgia at her own private practice: Satilla Foot and Ankle. Dr. Dowling received a Bachelor’s degree in Nursing at Georgia Southern University. She completed her Doctorate of Podiatric Medicine at Barry University in Miami Shores, Florida. She also earned her Masters of Business Administration during that dual degree program at Barry University. She attended a 3-year Podiatric Medicine and Surgical Residency at DeKalb Medical Center in Decatur, Georgia. Dr. Dowling is a member of the Podiatry Institute and she is married with 2 children.

Faculty Disclosure: No conflict

Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:
• Gain knowledge of common podiatric foot and ankle problems
• Know the pathophysiology behind the most common podiatric complaints
• Know the treatment options, both conservative and surgical, for common podiatric complaints

5:30 – 6:30 PM Reception in Exhibit Hall including Remarks from the Southeast Region Deans
6:30 PM GOMA Board Meeting
6:45 – 7:30 PM SCOMS Membership Meeting

SATURDAY, JUNE 15

6:30 AM – 5:30 PM Registration Open
6:45 – 8:00 AM Breakfast served

7:30 – 8:30 AM Overview of the Obesity Epidemic

Nicholas Pennings, DO is board certified in Family Medicine and Obesity Medicine and is a fellow of the Obesity Medicine Association. He is an associate professor and chair of family medicine at Campbell University School of Osteopathic Medicine (CUSOM). In addition, he serves as the medical director of the Campbell University Health Center.

Dr. Pennings is an executive director of clinical education for the Obesity Medicine Association. He is a champion for advancing the education of current and future health professionals by:
• Incorporating obesity education into the medical school curriculum at the Campbell University School of Osteopathic Medicine
• Co-Authoring core curriculum for obesity education, serving as a steering committee member of the Obesity Medicine Education Collaboration
• Developing obesity education content for the Obesity Medicine Association
Faculty Disclosure: No conflict. Dr. Pennings is a consultant with Medifast and the Obesity Medicine Association. In addition, he discloses that he anticipates referencing unlabeled/unapproved uses of metformin, topiramate, and phentermine for use in weight loss.

Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:
- Discuss the health consequences of obesity
- Identify the multiple factors that influence obesity
- Facilitate patient discussion about obesity
- Effectively treat patients with obesity

8:30 – 9:30 AM  Obesity in the Female Patient

Michelle Langaker, DO is the Chair of OB/GYN and Associate Professor with Campbell University Jerry M. Wallace School of Osteopathic Medicine where she has been on faculty since July 2012. Dr. Langaker is board certified in OB/GYN and Obesity Medicine. She is an Adjunct Associate Professor for the Campbell University College of Pharmacy and Health Sciences Physician Assistant Program and she consults with National Board of Osteopathic Medical Examiners for the COMLEX-USA Level 2-CE Item writing and for the Physician Examiner (SN rater) for COMLEX-USA Leve 2-PE.

Following undergraduate studies at Vanderbilt in Molecular Biology, Dr. Langaker earned her DO degree at Kansas City University of Medicine and Biosciences and completed her OB/GYN residency (including a year as Chief Resident) at the University of Missouri at Kansas City.

Faculty Disclosure: No conflict

Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:
- Review evidence-based guidelines for the diagnosis, assessment, and treatment of PCOS in a range of patient ages
- Review obesity treatment options with patients with PCOS
- Review obesity treatment including for women planning and trying for conception and pregnancy

9:30 – 10:00 AM – Break

10:00 – 11:00 AM  Understanding the Why Behind the What: Behavioral Considerations in the Treatment of Obesity

Tiffany Lowe-Payne, DO is a board certified family physician stress expert and obesity medicine specialist. She is also an assistant professor of family medicine at Campbell University – School of Osteopathic Medicine in Buies Creek, NC. Dr. Lowe-Payne earned her medical degree and completed her residency in family medicine at the University of Medicine & Dentistry of New Jersey School of Osteopathic Medicine (UMDNJ-SOM), now Rowan University.

In 2015 she developed The Institute of Transformational Health and Wellness, which incorporates osteopathic principles to help those she serves achieve a state of whole health, mind, body & spirit. In
addition, through the Institute, in April 2016, she released her best-selling book *A Woman’s Guide to De-Stress for Success: 10 Essential Tips to Conquer Stress and Live at Your Best*.

Currently, Dr. Lowe-Payne is the Immediate President of the North Carolina Osteopathic Medical Association (NCOMA). Dr. Lowe-Payne is a member of and speaking representative for the American Osteopathic Association and is a member of the AOA Physician Wellness Task Force, a national initiative to improve physician wellness and decrease burnout.

**Faculty Disclosure:** No conflict

**Slides will be posted to the presentations website**

**Objectives** - At the conclusion of the presentation, the learner will be able to:
- Assist patients in identifying underlying triggers or behaviors that may increase their risk of becoming overweight or obese
- Recognize the impact that generalized obesity biases have in perpetuating the behaviors of patients struggling with their weight
- Identify strategies to help patients modify behaviors or make lifestyle modifications to assist in weight loss
- Identify the role of pharmacotherapy in helping to manage behaviors in the treatment of obesity

**Recognition and Management of Eating Disorders for the Primary Care Physician**

**Louise D. Metz, MD** is a Board-certified Internal Medicine physician and expert in eating disorders and gender-related health care. She is the owner and founder of Mosaic Comprehensive Care, a primary care practice for adolescents and adults in Chapel Hill, NC. After receiving an undergraduate degree in Biology and Women’s Studies at Duke University, Dr. Metz attended medical school at the University of North Carolina, where she was a member of the Alpha Omega Alpha medical honor society. She then completed her residency in Internal Medicine at the University of California at San Francisco, where she worked on research in the field of heart disease in women. She has held academic positions at NYU’s Bellevue Hospital and the Duke University Department of Medicine. Dr. Metz is passionate about providing inclusive, affirming, and compassionate medical care for all individuals.

**Faculty Disclosure:** No conflict

**Slides will be posted to the presentations website**

**Objectives** - At the conclusion of the presentation, the learner will be able to:
- Name the DSM criteria for the diagnosis of anorexia nervosa, atypical anorexia nervosa, bulimia nervosa, binge eating disorder, and other specified feeding and eating disorders
- Identify the common presenting symptoms and medical complications of eating disorders in the primary care and acute care settings
- Explain the initial medical evaluation of eating disorders in the primary care setting
- Identify the clinical indications for inpatient treatment of patients with eating disorders
- Describe key points regarding the management of common medical complications of eating disorders
**Noon – 12:30 PM – Lunch served**

**12:30 – 1:30 PM**  
**Treatment of Obesity through Dietary Modification**

Nicholas Pennings, DO is board certified in Family Medicine and Obesity Medicine and is a fellow of the Obesity Medicine Association. He is an associate professor and chair of family medicine at Campbell University School of Osteopathic Medicine (CUSOM). In addition, he serves as the medical director of the Campbell University Health Center.

Dr. Pennings is an executive director of clinical education for the Obesity Medicine Association. He is a champion for advancing the education of current and future health professionals by:
- Incorporating obesity education into the medical school curriculum at the Campbell University School of Osteopathic Medicine
- Co-Authors core curriculum for obesity education, serving as a steering committee member of the Obesity Medicine Education Collaboration
- Developing obesity education content for the Obesity Medicine Association

**Faculty Disclosure:** No conflict. Dr. Pennings is a consultant with Medifast and the Obesity Medicine Association. In addition, he discloses that he anticipates referencing unlabeled/unapproved uses of Metformin, topiramate, and phentermine for use in weight loss.

**Slides will be posted to the presentations website**

**Objectives** - At the conclusion of the presentation, the learner will be able to:
- Recognize the metabolic response of different macronutrients
- Compare and contrast different dietary interventions
- Understand the role of adaptive thermogenesis in weight management

**1:30 – 2:45 PM**  
**Stress and Physician/Patient Communication: The Evidence Behind Mindfulness for "Unintentional Inattention"**

Jeffrey M. Krepps, PhD, LMFT is the Director of Behavioral Health Education & Research at Campbell University’s School of Osteopathic Medicine. He is a licensed family therapist with more than 22 years of experience.

In his current role at Campbell University, he developed the Graduate Medical Education behavioral health education for Campbell’s affiliated residency programs, which he currently implements at all of Campbell’s residency programs at Southeastern Health, Cape Fear Valley, Sampson Regional Medical Center, and Harnett Health. He also provides clinical counseling services to medical students at Campbell University and is currently developing behavioral health education programs for healthcare providers focused on common behavioral and mental health issues encountered in primary care settings. As a researcher, he is focused on medical student and physician wellness, with a specific interest in how systems organize to both produce and maintain stress.

**Faculty Disclosure:** No conflict

**Slides will be posted to the presentations website**

**Objectives** - At the conclusion of the presentation, the learner will be able to:
Recognize the impact of stress on the provider/patient relationship
Define the concepts of “inattentional blindness” and “inattentional deafness” and understand their relevance to practice
Utilize formal and informal mindfulness techniques to improve focus and attention

2:45 – 3:15 PM – Break

3:15 – 4:30 PM Tuning In to Avoid Burning Out

Daniel Marlowe, PhD, LMFT is the Founding Chair of the Department of Behavioral Health at the Campbell University School of Osteopathic Medicine (CUSOM) in Lillington, NC. In this position, he provides and oversees the delivery of psychosocial and behavioral health support services to more than 2500 medical, health professional and graduate students. Additionally, Dr. Marlowe also oversees the delivery of behavioral health education to each of CUSOM’s 18 medical residency programs spread throughout North Carolina.

While Dr. Marlowe’s current clinical focus is on performance and wellness related to healthcare professionals, his clinical experience spans a wide range of settings from rural federally qualified and community health centers to major university medical centers like the Duke Cancer Institute in Durham, NC where he completed his doctoral residency. Dr. Marlowe has published both nationally and internationally on inter-professional collaborative care, and presents at regional, state and national levels on burnout/wellness, collaborative care program development, and teaching integration in graduate medical and behavioral health education.

Faculty Disclosure: No conflict

Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:
- Describe and discuss the nature of stress
- Describe the role of attention in the stress/burnout process
- Identify a general framework of utilizing stress to address burnout
- Develop a personal wellness program based on that framework

4:30 – 5:30 PM Hypertension Highlights 2019

Catherine A. Schaefer, MD is a Family Practice Physician who has practiced medicine in South Carolina for the last 22 years. She was recently appointed a core faculty position with a new Family Practice residency program at Conway Medical Center. She looks forward to helping educate and mentor a new generation of Family Practice Providers.

Faculty Disclosure: No conflict

Slides will be posted to the presentations website

Objectives - At the conclusion of the presentation, the learner will be able to:
- Define types of hypertension
- Review how to obtain an accurate blood pressure reading
- Review causes of hypertension and mitigating factors
• Discuss how to diagnose hypertension in 2019 based on current guidelines
• Discuss treating hypertension based on risk stratification with pharmaceutical options and lifestyle modifications with an emphasis on lifestyle choices

5:30 – 7:00 PM  
**NCOMA Membership Meeting**

6:30 – 8:30 PM  
**GOMA Social for GA Physicians & Spouses**  
(for information: gomaosteo@aol.com)

7:00 PM  
**NCOMA Social for NC Physicians & Spouses**  
(for information and advance RSVP – required – please contact Guy@Campbell.edu)

**SUNDAY, JUNE 16**

7:00 AM – Noon  
**Registration Open**

7:00 – 8:00 AM  
**Breakfast served**

| 7:30 – 8:30 AM | **How Diabetes Drugs are Changing the Landscape – A Nephrologist’s Perspective** |

**Mark D. Purcell, DO** resides in Greenville, SC where he is a physician and managing partner with Carolina Nephrology, PA. Originally from Michigan, he completed his undergraduate and medical school at Michigan State University. He performed his internship training at Mt. Clemens Regional followed by his nephrology fellowship at Henry Ford Hospital in Detroit. Dr. Purcell is Division Chief of Nephrology for PRISMA HEALTH of the Upstate. He is also medical director for both DaVita and US Renal dialysis units. He holds positions as assistant professor for VCOM-Carolinas and clinical assistant professor for USC-School of Medicine Greenville.

Annually, he gives an intense nephrology board review for graduating senior medicine residents of the Greenville Health System Residency in preparation for internal medicine boards. This program has enjoyed 100% board pass rates in recent years. Dr. Purcell was most recently awarded the Subspecialty ‘Excellence in Teaching Award’ for 2017-2018. He is married to Kelly Purcell, DO, who practices Family Medicine in the Greenville area. They both moved to Greenville, SC in 2009.

**Faculty Disclosure:** No conflict

**Slides will be posted to the presentations website**

**Objectives** - At the conclusion of the presentation, the learner will be able to:
• Identify patients at risk of developing metabolic acidosis based on their co-morbidities and medication history
• Understand the inter-relationship of the various organ systems in the clinical manifestations of metabolic acidosis
• Recognize the potential clinical benefits for achieving endpoints with newer therapies, specifically SGLT2 inhibitors, in patients with Type II DM and cardiometabolic risk factors at various stages of chronic kidney disease

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<tr>
<th>8:30 – 9:30 AM</th>
<th>Immunotherapy: Harnessing our Immune System to Fight Cancer</th>
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<tbody>
<tr>
<td><strong>Trina A. Poretta, DO, FACOI</strong></td>
<td>has been in Hematology/Oncology private practice in South Jersey for 17 years. She is board certified in Internal Medicine, Hematology, and Medical Oncology. She completed her Hem/Onc fellowship at MD Anderson Cooper in New Jersey (previously Cooper Health System).</td>
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<td>She is Clinical Assistant Professor in the Department of Medicine at Rowan University School of Osteopathic Medicine, where she graduated from osteopathic medical school followed by internship and residency at Kennedy Health Systems in Stratford, NJ.</td>
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<td><strong>Objectives</strong> - At the conclusion of the presentation, the learner will be able to:</td>
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<tr>
<td>• Recognize the role of immunotherapy and checkpoint inhibition in patients with cancer</td>
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<td>• Compare the mechanism of action of immunotherapy with conventional chemotherapy</td>
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<td>• Identify facilities of immunotherapy and be able to assist in management of side effects</td>
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| 9:30 – 9:45 AM | Break |

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<tr>
<th>9:45 – 11:00 AM</th>
<th>Red, Flakey, Itchy and Crusty – It’s Time for Photo Rounds</th>
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<tbody>
<tr>
<td><strong>Rob Danoff, DO, MS, FACOFP, FAAFP</strong></td>
<td>is the Director of the Family Medicine and combined Family Medicine/Emergency Medicine residency programs at Jefferson Health Northeast in Philadelphia, Pennsylvania.</td>
</tr>
<tr>
<td>Dr. Danoff is a member of the ACGME Family Medicine Review Committee, as well as a Clinical Professor of Family and Community Medicine for the Sidney Kimmel Medical College Thomas Jefferson University.</td>
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<td><strong>Slides will be posted to the presentations website</strong></td>
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<tr>
<td><strong>Objectives</strong> - At the conclusion of the presentation, the learner will be able to:</td>
<td></td>
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<tr>
<td>• Describe the dermatologic and systemic features that will help to classify the dermatologic presentation</td>
<td></td>
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<tr>
<td>• Identify the risk factors contributing to the dermatologic presentation</td>
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<tr>
<td>• Delineate a treatment plan for the acute presentation, and development a follow-up strategy to help to prevent or decrease the risk for a re-occurrence.</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>11:00 AM – 12:15 PM</th>
<th>What’s New in the Thyroid</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Louis C. Haenel, IV, DO, FACE, FACOI</strong></td>
<td>is a graduate of UMDNJ School of Osteopathic Medicine, now Rowan University in New Jersey, and he completed his Internal Medicine Residency at Kennedy</td>
</tr>
</tbody>
</table>
Memorial Hospital in Stratford, NJ. That was followed by his endocrinology fellowship at Medical University of South Carolina in Charleston.

He is a Fellow of the American Association of Clinical Endocrinologists and the American College of Osteopathic Internists. A question-writer for both Internal Medicine and Endocrinology certification boards, Dr. Haenel is also on staff at VCOM-Carolina Campus and provides lectures to 2\textsuperscript{nd} year students and welcomes 4\textsuperscript{th} year students on clinical rotations.

**Faculty Disclosure:** No conflict. He has been on the Speakers Bureau for NovoNordisk, Boehringer-Ingelheim, Eli Lilly and AstraZeneca.

**Slides will be posted to the presentations website.**

**Objectives** - At the conclusion of the presentation, the learner will be able to:

- Review optimization of thyroid hormone replacement therapy
- Discuss value (or lack thereof) of T3 replacement therapy
- Assess Thyroid Nodularity

**12:15 PM** Conference Adjourns – please be sure to turn in your Attendance Attestation

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**Your ROME® Southeast Co-Sponsors invite you to additional CME Conferences**

<table>
<thead>
<tr>
<th>Date</th>
<th>Conference Details</th>
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<tbody>
<tr>
<td>August 8 – 11, 2019</td>
<td>ROME® New England OMNI Providence, RI</td>
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<tr>
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<td><a href="https://osteopathic.org/about/aoa-events/rome-new-england/">https://osteopathic.org/about/aoa-events/rome-new-england/</a></td>
</tr>
<tr>
<td>August 8 – 11, 2019</td>
<td>NCS-ACOFP 2019 Annual CME (Preconference on 8/8)</td>
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<td>Pinehurst Resort</td>
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<td><a href="http://www.nc-acofp.org">www.nc-acofp.org</a></td>
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<tr>
<td>October 25 – 28, 2019</td>
<td>OMED 19</td>
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<td>The Baltimore Convention Center, MD</td>
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<td></td>
<td><a href="https://omed.osteopathic.org/">https://omed.osteopathic.org/</a></td>
</tr>
<tr>
<td>October 24 – 27, 2019</td>
<td>GOMA Fall CME &amp; Scientific Exhibition</td>
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<td>GA-POMA Campus</td>
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<tr>
<td>February 2020</td>
<td>ROME® Rocky Mountain</td>
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<tr>
<td></td>
<td>Location and Dates pending</td>
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<tr>
<td></td>
<td><a href="https://osteopathic.org/about/aoa-events/rome-rocky-mountain/">https://osteopathic.org/about/aoa-events/rome-rocky-mountain/</a></td>
</tr>
<tr>
<td>February 21 – 22, 2020</td>
<td>2020 SCOMS Winter CME</td>
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<td>Location to be determined</td>
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<td><a href="http://scdos.org/">http://scdos.org/</a></td>
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</tbody>
</table>
TWO POST-CONFERENCE SURVEYS

CONFERENCE AND SPEAKERS EVALUATIONS

Your post-conference feedback is very important to the faculty, the education planning committee, and the success and educational value of future ROME® conferences.

Please take a few minutes today to let us know what you think about ROME® 2019 Southeast CME.

Fill out online at this website: www.surveymonkey.com/r/ROME2019SE-Evals

Note, a limited number of hard copies of the Evaluations are available at the Registration Desk on a first-come, first-served basis.

The evaluations survey will be open until July 16, 2019.

OUTCOMES MEASURES QUESTIONNAIRE

Also, by July 2nd those who submit their Attendance Attestation form will receive by email a link to the Outcomes Measurement Questionnaire.

This is different from the Evaluations Survey.

It will be open ONLY until midnight Tuesday, July 16, 2019.

Those who complete this SECOND survey — for Outcomes Measures — will earn an additional 2 credits of 1-A CME at no extra charge. Email Confirmation of these credits will be sent after this survey closes.
**General Session**

**Exhibits and Meals**

**OMT Treatment Room**

**Office**

**Friday - GOMA**

**Saturday - NCOMA**