

SUBJECT: OSTEOPATHIC MEDICINE IS HIGH-VALUE CARE

SUBMITTED BY: Osteopathic Physicians and Surgeons of California / Montana
Osteopathic Medical Association

REFERRED TO: Committee on Public Affairs

1 WHEREAS, the Centers for Medicare & Medicaid Services (CMS) have established
2 a goal to have 100 percent of Original Medicare Beneficiaries in accountable
3 care relationships by 2030 ⁽¹⁾; and

4 WHEREAS, The Institute for Healthcare Improvement has defined the Triple Aim of
5 medicine as: improving the patient experience of care (including quality and
6 satisfaction), improving the health of populations, and reducing the per capita
7 cost of health care ⁽²⁾; and

8 WHEREAS, studies have shown that osteopathic care, including osteopathic
9 manipulative treatment (OMT), can improve outcomes in a variety of clinical
10 presentations; and

11 WHEREAS, the addition of OMT to standard care in neonatal intensive care units
12 has been shown to decrease length of stay and costs of care ⁽³⁾; and

13 WHEREAS, research shows that patient's experiences and expectations improve in
14 the setting of an appropriate bedside evaluation ⁽⁴⁾; and

15 WHEREAS, the power of empathy and mind-body connection in osteopathic
16 medical education is being studied by the American Association of Colleges
17 of Osteopathic Medicine ⁽⁵⁾; now, therefore be it

18 RESOLVED, that osteopathic medicine, including OMT, meets the values of the
19 Triple Aim, and represents high-value care.

References

1. <https://www.cms.gov/blog/cms-innovation-centers-strategy-support-person-centered-value-based-specialty-care>
2. <https://www.ihl.org/engage/initiatives/TripleAim/Pages/default.aspx>
3. Cerritelli F, Pizzolorusso G, Renzetti C, Cozzolino V, D'Orazio M, Lupacchini M, Marinelli B, Accorsi A, Lucci C, Lancellotti J, Ballabio S, Castelli C, Molteni D, Besana R, Tubaldi L, Perri FP, Fusilli P, D'Incecco C, Barlafante G. A multicenter, randomized, controlled trial of osteopathic manipulative treatment on preterms. PLoS One. 2015 May 14;10(5):e0127370. doi: 10.1371/journal.pone.0127370. PMID: 25974071; PMCID: PMC4431716.
4. Abraham Verghese, Erika Brady, Cari Costanzo Kapur, et al. [The Bedside Evaluation: Ritual and Reason](#). Ann Intern Med.2011;155:550-553. [Epub 18 October 2011]. doi:[10.7326/0003-4819-155-8-201110180-00013](https://doi.org/10.7326/0003-4819-155-8-201110180-00013)
5. <https://www.aacom.org/programs-events/programs-initiatives/project-in-osteopathic-medical-education-and-empathy>

Background Information: Provided by AOA Staff

Current AOA Policy:

[H436-A/21 Osteopathic Manipulative Medicine \(OMM\) and Osteopathic Manipulative Treatment \(OMT\) – Affirming the Scientific and Medical Foundation of Policy Statement](#)

Prior HOD action on similar or same topic: None

FISCAL IMPACT: \$0

ACTION TAKEN Adopted

DATE July 22, 2023