AMERICAN OSTEOPATHIC ASSOCIATION

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Use of the OMT Procedure Form in Practice

Recognizing that OMT is a complex procedure utilizing several treatment modalities and diagnosing methods, the AOA developed an easy-to-read, simple form with all necessary components to document and successfully bill for an OMT procedure. This form is aimed at the general DO physician population with the hopes of encouraging more physicians to increase their OMT usage with an accessible form that breaks down visits to be easy to read and understand. We understand that this form may not address every type of dysfunction or treatment present. Still, it does provide a high-yield road map on how to navigate through a procedure encounter with common dysfunctions to help lower barriers to diagnosing and treating somatic dysfunction that we see in our patients.

Subjective/History of Present Illness (HPI) portion:

- The top right corner has a place for the patient label.
- The consent reminder is included at the top of the box to remind physicians to complete the written consent form or verbal consent to be fully reimbursable as a procedure.
- Space is included to write out HPI clearly and concisely.
- Review of Systems (ROS) completed with easy check boxes to show what you discussed.

Objective portion:

- Physical exam section with check boxes for normal vs. abnormal, with space to write if abnormal findings are present, not in correlation with musculoskeletal exam.
- Biomechanical exam: This section includes findings from structural and functional examinations in all billable regions. The most common high-yield bony and muscular areas of dysfunction are listed. Easy-to-use checkboxes to identify sidedness of dysfunction make it easy for other physicians to review the note and quickly identify the strongest areas of dysfunction. This also works as a quick screening template for high-yield areas of dysfunction to assess in the initial head-to-toe exam.
- Somatic dysfunction: Easy-to-check boxes for the region, sidedness, Tissue Texture Assessment (TART) findings, as well as treatments and response. There is a key for treatment and response to treatment viewing. The form can assist in viewing what was found and how it was treated. A comment space was left for any further elaboration or specification of diagnoses if desired by the physician. This allows a space for physicians to be efficient in their documentation while allowing the opportunity to be specific when needed. Response to treatment can also be considered as the post-Osteopathic Manipulative Treatment (OMT) procedure comment to allow easy conclusion of treatment documentation.

Assessment/Plan portion:

- Assessment portion has all billable codes, allowing physicians to circle regions worked on for assessment and ICD-10 codes, along with the CPT modifier codes if this form is being used in conjunction with a regular Functional Medicine (FM) visit. This portion makes it easy to see which areas were treated and how to bill them to insurance, with all the information needed already in place.
- Plans are left open to write exercises, comments, medication changes, or any other instructions that are specific to the patient.