

DO Day

**Distinctive in Healthcare
Advocacy and Leadership**



AMERICAN
OSTEOPATHIC
ASSOCIATION

**2023
CONFERENCE
PROGRAM**



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Welcome and Introduction

Register Today! Come together to experience the distinctiveness of osteopathic education!

The AOA is pleased to host DO Day - Distinctive in Healthcare Advocacy and Leadership. This premier osteopathic advocacy event offers virtual leadership and professional development CME and sessions for physicians, affiliate leaders and students and in-person advocacy opportunities to educate lawmakers about osteopathic physician and student issues.



This conference provides two opportunities to participate - there are virtual CME sessions on Saturday, April 15 and Sunday, April 16, and attendees can additionally sign-up for in-person briefing sessions and Congressional meetings on Wednesday, April 19 and Thursday, April 20 in Washington, DC.

The virtual conference content will be available for viewing through June 16 to provide you with the flexibility to watch the sessions during the conference dates or afterward at your convenience.

Attendees registering for the in-person Congressional meetings will be organized into small groups based on their home address and will be scheduled for 3-6 meetings with their U.S. Senate offices and members of the House of Representatives. Participation in Congressional meetings will be capped for each state. Registration limits for each state will be based on the size of the state's Congressional delegation and state osteopathic association, with space reserved in each state delegation for physicians and students.

Cultivating strong osteopathic advocates and facilitating meaningful relationships with lawmakers to help advance health policy is central to the AOA's mission. I want to personally thank you in advance for honoring our profession by your interest in, and commitment to, advocating on behalf of the entire osteopathic community.

I look forward to your participation in this event.

Sincerely,

Ernest R. Gelb, DO, FACOFP
President
American Osteopathic Association



DO Day Registration and Housing Information

Registration Information

Earn up to 16.25 AOA Category 1-A CME credits or *AMA PRA Category 1 Credit™* from the convenience of your home or office. Registration includes access to two days of CME programming and unlimited access to on-demand session recordings through June 16, 2023 after the conference concludes.

Registration fees:

- AOA Members: \$259
- Non-Members: \$599
- Residents: \$35*
- Students: \$35*
- Affiliate Executive Directors/CEOs: \$125*

Registration Options:

Option #1: Virtual Conference & In-Person Congressional Meetings*

- Space is limited for the in-person congressional meetings and registration for this option closes on March 31, 2023.
- This option includes the virtual conference access as well as the in-person congressional meetings.

Option #2: Virtual Conference Only

- This option includes access to the virtual leadership and professional development CME sessions.
- Residents, Students and Affiliate Executive Directors/CEOs can participate in the virtual conference free of charge.
- Registration is open through the end of May.
- On-demand content is available for viewing through June 16, 2023.

Housing Information

For those participating in the in-person congressional meetings, The Mayflower Hotel has hotel rooms available at the AOA base rate of \$369 (plus tax).

BOOK ONLINE HERE!



Social Media

Connect with us on social media and join the conversation using **#DODay23**

- www.facebook.com/osteopathicphysicians
- <https://twitter.com/aoafordos>
- <https://www.linkedin.com/company/american-osteopathic-association>

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Continuing Medical Education (CME) Information

Designation

The American Osteopathic Association (AOA) designates this program for up to 16.25 AOA Category 1-A credits, and will report CME credits commensurate with the physician's participation in this program. The AOA designates this internet activity for up to 16.25 *AMA PRA Category 1 Credit™*

The American Osteopathic Association has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education (ACCME) Standards for Integrity and Independence requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program.

In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME's Standards for Integrity and Independence and resolving all possible conflicts of interest for all individuals in control of content.

None of the planners or faculty for this educational activity have relevant financial relationship(s) to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients.

The American Osteopathic Association (AOA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CME/Certificate of Attendance

To claim your CME certificate or your certificate of attendance, you will need to complete an evaluation and CME credit hour attestation by July 1, 2023.



Disclaimer

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by the AOA. In no event will the AOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

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NOM WEEK

NATIONAL OSTEOPATHIC MEDICINE

#NOMWeek | April 17-23

Celebrate the DO distinction

Doctors of Osteopathic Medicine believe the best healthcare means treating body, mind and spirit.

Join the celebration at osteopathic.org/NOM



#DOProud



Meet the My AOA Mobile App!

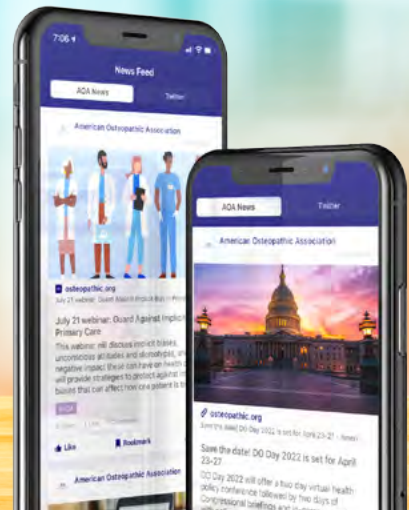
Your one-stop-shop for news, education and resources for the osteopathic profession.

- View daily updates on your My AOA newsfeed
- Connect with colleagues through My AOA communities and discussions
- Track and manage your CME
- Get the latest updates on osteopathic advocacy, The DO, the Journal of Osteopathic Medicine, and more!

Learn more at osteopathic.org/about/my-aoa-mobile-app



Search for "My AOA" in the Apple or Google Play app store to download.





DO Day 2023 Schedule of Events

DO Day 2023 will bring together osteopathic physicians, students, and affiliate leaders for virtual educational content and the option to participate in in-person congressional meetings. Earn AOA Category 1-A CME or *AMA PRA Category 1 Credit™*.

Registration rates start at \$259. Take a look at the preliminary schedule of events to see what the overall conference has to offer! All times listed are Eastern Daylight Time.

Saturday, April 15

DO Day Virtual Conference

TIME	EVENT
9:00am-10:00am	Main Stage: General Session
10:00am-2:00pm	Virtual Exhibit Hall
10:15am-11:15am	CME Sessions
11:30am-12:30pm	CME Sessions
12:45pm-1:25pm	Sponsored Lunch and Learn Session
1:30pm-2:30pm	CME Sessions
2:45pm-3:25pm	General Session: <i>Therapeutic Management of Non-Hospitalized Adults with COVID-19</i>
3:25pm-3:40pm	General Session: <i>Mitigation of RSV Exposure Risks and Complications Amongst Infant, Geriatric, and Immunocompromised Populations</i>
3:40pm-4:00pm	General Session: <i>Ways to Use Social Media to Educate Patients and the Public</i>

Sunday, April 16

DO Day Virtual Conference

TIME	EVENT
9:00am-10:00am	Main Stage: General Session
10:00am-2:00pm	Virtual Exhibit Hall
10:15am-11:15am	CME Sessions
11:30am-12:30pm	CME Sessions
1:30pm-2:30pm	CME Sessions
2:45pm-4:00pm	General Session: <i>DO Day Legislative Issue Overview</i>

The CME Sessions consists of 3 tracks:

Physician

Affiliate Leader

Student

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DO Day 2023 Schedule of Events

Wednesday, April 19

DO Day Preparation: In-Person

TIME	EVENT	LOCATION
3:00pm-6:00pm	Registration Badge Pickup	Grand Ballroom Foyer, Mayflower
4:00pm-6:00pm	Congressional Meeting Preparation Session	Grand Ballroom, Mayflower
6:00pm-6:45pm	Networking Reception	East Ballroom, Mayflower
7:00pm-8:00pm	General Session and Awards Presentation	Grand Ballroom, Mayflower
8:00pm-9:30pm	OPAC Reception	East Ballroom, Mayflower

Thursday, April 20

DO Day Congressional Meetings: In-Person

TIME	EVENT	LOCATION
7:30am-8:30am	Continental Breakfast	District Ballroom, Mayflower
8:30am	Group Photo at the Hotel	Main Lobby, Mayflower
9:00am	Group Photo on Capitol Hill	Capitol Hill
9:30am-5:00pm	Congressional Meetings**	Capitol Hill
9:30am-5:00pm	DC Office Open House	DC Office 511 2nd Street, NE Washington, DC 20005

**Your Congressional Meeting schedule will be provided through Soapbox Consulting

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AOA Leadership Academy

The AOA proudly launched its Leadership Academy for our members in January 2023. This program provides opportunities for skill development and enhancement for future leadership roles within the AOA, the osteopathic profession and beyond.

Interested in applying for next year? Check the AOA website later this summer for additional information.

Congratulations to our inaugural cohort!

Shawn Hamm, DO, MPH; Alissa Hendricks-Wenger, PhD, OMS II; Nigel Jagoo, DO, MS; Katherine Kirby, DO; Sara Lohbauer, DO, MHSA; Victoria Ortiz-Folino; Angela Pluguez, DO; David Shumway, DO; Aldwin Soumare, DO; Cailie Swillum, MPA; Zurriat Syed, MS, OMS III; and Anne Unger

Congratulations to the AOA Bureau of Emerging Leaders DO Day Scholarship Recipients!

The AOA Bureau of Emerging Leaders has the honor of awarding scholarships to two outstanding resident osteopathic physicians to attend DO Day on Capitol Hill to advance their advocacy skills and meet with legislators in our nation's capital.

Congratulations to Lilian A. Gobrial, DO and Jorge E. Gutierrez, DO!



Lilian A. Gobrial, DO
NYITCOM Alumnus |
Wright Medical Center
Residency Program
Specializing in Family Medicine



Jorge E. Gutierrez, DO
PCOM Alumnus |
Suburban Community Hospital
Family Medicine Residency
Program
Specializing in Family Medicine

*This scholarship is generously sponsored by
the American Osteopathic Information Association*



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Main Stage: Keynote Sessions

DO DAY KEYNOTE SPEAKERS

Saturday General Session Keynote Speaker – Donna Brazile

April 15 | 9am EDT

Presentation followed by live Q&A

ABC News contributor and veteran political strategist Donna Brazile is the former interim Chair of the Democratic National Committee. She became the first African American woman to serve as the manager of a major party presidential campaign, running the campaign of former Vice President Al Gore. She is the author of the 2004 best-selling memoir *Cooking with Grease: Stirring the Pots in American Politics* and the 2017 New York Times Bestseller *Hacks: The Inside Story of the Break-Ins and Breakdowns That Put Donald Trump in the White House*. She is a co-author of *For Colored Girls Who Have Considered Politics*, which won the 2019 NAACP Image Award for Outstanding Literary Work, Nonfiction. Ms. Brazile is a contributor to the recently published *400 Souls: A Community History of African America, 1619-2019*.



Brazile has lectured at over 225 colleges and universities across the country. In 2013, Ms. Brazile was appointed by President Obama to serve on the J. William Fulbright Foreign Scholarship Board. Brazile has served as an adjunct professor at Georgetown University since 2002 and spent the fall of 2017 serving as a Joan Shorenstein fellow in Media, Politics and Public Policy at the Harvard Kennedy School. She is currently the Gwendolyn S. and Colbert I. King Endowed Chair in Public Policy at Howard University.

She is the proud recipient of more than ten honorary doctorate degrees from major colleges and universities, including her alma mater Louisiana State University. In October 2017, Ms. Brazile was the recipient of the W.E.B Du Bois Medal, Harvard's highest honor in African American studies. Ms. Brazile was the recipient of a Daytime Emmy Award for Outstanding Daytime Program, *Good Morning America* (2016-2017) in connection with her work with ABC and she was a member of the Peabody Award-winning "Best Political Team on Television" on CNN during the 2008 election cycle.

Donna Brazile will be speaking on "Presidential Politics: What Happened to 'We the People?' and The Shifting American Political Landscape".

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Main Stage: Keynote Sessions

DO DAY KEYNOTE SPEAKERS

Sunday General Session Keynote Speaker – Charlie Cook

April 16 | 9am EDT

Presentation followed by live Q&A

Charlie Cook is widely regarded as one of the nation’s leading authorities on U.S. elections and political trends. He founded the independent, nonpartisan Cook Political Report in 1984, serving as Editor and Publisher for 37 years, stepping down in 2021 and transitioning ownership and management of the venerable newsletter to Amy Walter. Mr. Cook remains with the renamed Cook Political Report with Amy Walter as a contributor.

In addition to lecturing, Mr. Cook continues to write his weekly column for National Journal, while also serving as a political analyst for the publication. He is also a co-author of the 2020 and 2022 editions of The Almanac of American Politics.

Covering and analyzing U.S. elections and domestic political trends, The New York Times once referred to Cook Political Report as “a newsletter that both parties regard as authoritative” while CBS News’ Bob Schieffer called it “the bible of the political community”. Al Hunt, in the Wall Street Journal, referred to Cook as “the Picasso of election analysis.” The late David Broder of The Washington Post, long considered “the Dean of the Washington political press corps,” once wrote that Charlie Cook is “perhaps the best non-partisan tracker of Congressional races.”

In 2010, Mr. Cook was the co-recipient of the American Political Science Association’s prestigious Carey McWilliams award to honor “a major journalistic contribution to our understanding of politics.”

Charlie Cook will be speaking on the current political landscape.



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DO Day

Distinctive in Healthcare
Advocacy and Leadership

2024 Dates:

Virtual Conference:

- Saturday, April 13, 2024
- Sunday, April 14, 2024

In-Person Conference:

- Wednesday, April 17, 2024
- Thursday, April 18, 2024



NOM WEEK

NATIONAL OSTEOPATHIC MEDICINE

#NOMWeek | April 17-23

DOs are the future

More than 36,000 osteopathic medical students are paving the way for the future of medicine.

Join the celebration at
osteopathic.org/NOM

#DOProud





Physician Track

Day	Time	Title	Speaker	CME Credit
4/15/2023	10:15am-11:15am	Medical Malpractice Reform and Its Impact on Patient Access to Care	Mike Stinson	1
	11:30am-12:30pm	The Future of Telehealth and Implementation Strategies	Michael Brown, DO	1
	1:30pm-2:30pm	The Current State of Congressional Committee Work and Why it is Important to the Medical Profession	Blake Thelander Shawn Hamm, DO Tyler Clark	1
4/16/2023	10:15am-11:15am	Why Medicare Physician Payment is Being Cut and What the Medical Profession Can Do to Make a Difference	Gabriel Miller Teresa Hubka, DO	0.75
	11:30am-12:30pm	Think Globally, Act Locally: Making an Impact at the State and Local Level	Raine Richards, JD Joseph Asper, OMS II Tyler King, DO	1
	1:30pm-2:30pm	Cryptocurrency and Healthcare Administration. How They are Connected, the Growing Threat of Hacks to Physician Practices and What We Can Do to Prevent it	Beth Bisbee Owais Durrani, DO	1



Mike Stinson



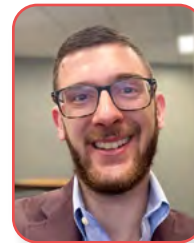
Michael Brown, DO



Blake Thelander



Shawn Hamm, DO



Tyler Clark



Gabriel Miller



Teresa Hubka, DO



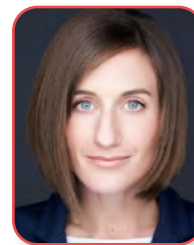
Raine Richards, JD



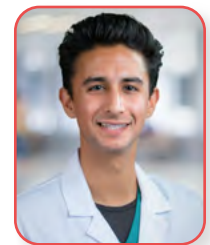
Joseph Asper, OMS II



Tyler King, DO



Beth Bisbee



Owais Durrani, DO

All times listed are Eastern Daylight Savings Time

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Affiliate Leader Track

Day	Time	Title	Speaker	CME Credit
4/15/2023	10:15am-11:15am	Utilizing Advocacy to Enhance Membership Recruitment and Retention: A Discussion on Growing Your Organization's Advocacy Footprint	Stephen Winn Marc Kaprow, DO Kris Nicholoff Kevin McKinney	1
	11:30am-12:30pm	Expanding Your Media Presence – A Conversation with a Media Expert	Leigh Madden	1
	1:30pm-2:30pm	Successful Strategies in Addressing Scope of Practice Issues for States and Specialties – A Review of AOA Resources and Recent Victories	Raine Richards, JD Joel Kase, DO Diana Ewert, MPA, CAE	1
4/16/2023	10:15am-11:15am	Maximizing Your Budgets: Cost-Effective Ways of Engaging in Advocacy on a Shoestring Budget	Holly Macriss Tim McNichol, JD	0.75
	11:30am-12:30pm	Legal and Compliance Update: What You Need to Know to Keep Your Organization Compliant While Engaging in Advocacy and Political Affairs	Julie Kulovits, Esq	1
	1:30pm-2:30pm	Planning For and Hosting a Successful State Advocacy Conference	Tajma Kotoric Laurie Clark	1

All times listed are Eastern Daylight Savings Time

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Affiliate Leader Track



Stephen Winn



Marc Kaprow, DO



Kris Nicholoff



Kevin McKinney



Leigh Madden



Raine Richards, JD



Joel Kase, DO



Diana Ewert, MPA, CAE



Holly Macriss



Tim McNichol, JD



Julie Kulovits, Esq



Tajma Kotoric



Laurie Clark

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Student Track

Day	Time	Title	Speaker	CME Credit
4/15/2023	10:15am-11:15am	Strengthening the Physician Workforce: A Background and History of Graduate Medical Education Funding	Aerial Petty, DO John Sealey, DO	0.75
	11:30am-12:30pm	Student Loans and You: An Overview of Debt Forgiveness Programs That are Available to Medical Students and Physicians	Brandon Barfield	1
	1:30pm-2:30pm	Food Deserts and Comorbidities: How They are Connected and the Work that Needs to be Done to Address the Growing Problem	Madison Summers, OMS III Curtis McInnis, OMS IV	0.75
4/16/2023	10:15am-11:15am	I'm Just a Bill (on Capitol Hill): Although the Bill-Making Process May Seem Simple, There are Often Many Challenges Along the Way.	Sean Neal Richard Thacker, DO	1
	11:30am-12:30pm	Crisis Management: Building and Maintaining Trust During Turbulent Times	Brianne Howerton, OMS IV Bob Juhasz, DO Julieanne Sees, DO, MBA, FAOAO	1
	1:30pm-2:30pm	Congressional Social Media Use and How Individuals Can Influence Policy Through Various Communication and Social Media Platforms	Courtney Merlo, OMS IV, RD, CNSC Bryce Beatty, OMS IV	0.5



Aerial Petty, DO



John Sealey, DO



Brandon Barfield



Madison Summers, OMS III



Curtis McInnis, OMS IV



Sean Neal



Richard Thacker, DO



Brianne Howerton, OMS IV



Bob Juhasz, DO



Julieanne Sees, DO, MBA, FAOAO



Courtney Merlo, OMS IV, RD, CNSC



Bryce Beatty, OMS IV

All times listed are Eastern Daylight Savings Time

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CME anytime, anywhere

Visit AOA Online Learning for live and on-demand webinars and educational programs.

aoaonlinelearning.osteopathic.org



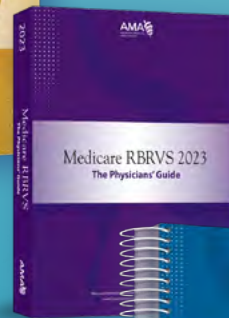
STORE

Propel Your Practice

Order AOA-branded merchandise, coding books and brochures.

#DOProud

osteopathic.org/store





Lunch and Learn

During the lunch hour, join us for this year's Lunch and Learn:

Value of Innovation and IRA: What it Means to Providers

Saturday, April 15 | 12:45pm-1:25pm EDT

Presented by Scott Woods, JD and Sharon Lamberton, MS, RN, FAAN

Scott Woods, JD is a Vice President of Policy, Research & Membership at the Pharmaceutical Research and Manufacturers of America (PhRMA), a trade association of 31 biopharmaceutical companies based in Washington, DC, where he manages a broad portfolio of policy analysis with a focus on improving patient affordability for medicines in public programs and in state-regulated markets, driving down costs in the supply chain, and health equity issues. He is the executive sponsor of the PRIDE Umbrella, PhRMA's LGBTQ employee resource group.



He was previously an Assistant Vice President of State Affairs at the Pharmaceutical Care Management Association (PCMA), where he provided strategic legislative and regulatory advocacy for PCMA and its member companies in states across the Mid-Atlantic and Southeast and before the National Association of Insurance Commissioners and various attorneys general organizations. Earlier in his career, he held policy positions at the Blue Cross Blue Shield Association and Avalere Health.

Scott holds a BA in Political Science from Yale University and a JD from the University of Tennessee College of Law, where he was an Executive Editor of the Tennessee Law Review. He and his husband, Ryan, live in Washington, DC.

Sharon A. Lamberton, MS, RN, FAAN serves as Deputy Vice President of State Policy and External Outreach at PhRMA. In her role, she analyzes policy, provides strategy, and serves as a lobbyist on state and federal issues for the industry on issues such as Medicaid, cost and value of medicines, adherence, Insulin, vaccines, clinical trials and conducts outreach with patient and provider groups.



Prior to working at PhRMA, she worked for a senior's organization on Medicare and long-term care issues, at the GAO, on Capitol Hill for a former Virginia senator, at the Center for Health Policy, Research, and Ethics at GMU, and as a clinical research nurse at National Institutes of Health on neurological patient protocols.

Ms. Lamberton is a graduate from Texas Woman's University-Houston School of Nursing, serving as President of both Texas Student Nurses Association and National Student Nurses Association. She has a Master of Science in Health Policy from GMU and serves on their Advisory Board for College of Health and Human Services and teaches a policy course to doctoral students at Georgetown.

Brought to you by:



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General Sessions

Therapeutic Management of Non-Hospitalized Adults with COVID-19

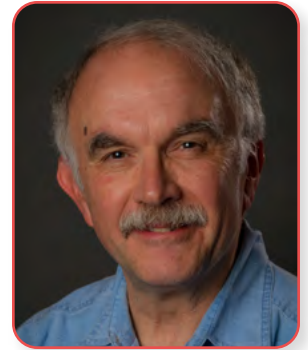
Saturday, April 15 | 2:45pm-3:25pm EDT

Peter Gulick, DO, FACP, FACOI, FIDSA

Dr. Peter Gulick is a board certified doctor in Internal Medicine, Medical Oncology, and Infectious Diseases. He has taken care of HIV patients for over 30 years, and hepatitis C patients for 20 years. He is a professor at the Michigan State University of Osteopathic Medicine, and he has developed courses in HIV and hepatitis.

Dr. Gulick is the Director of HIV/Hepatitis clinics at three sites – Ingham County Health Department, Central Michigan Department of Community Health, and the Great Lakes Community Health Clinics. He teaches medical residents and ID fellows on HIV and hepatitis C at the clinics, where he cares for over 1,000 HIV patients and over 500 Hepatitis C and B patients.

He is also the Director of the HIV Registry at Michigan State University, which has data on over 600 HIV patients. Dr. Gulick is also currently doing translational research at MSU, which are sponsored by NIH grants. As an infectious disease specialist, Dr. Gulick has monitored developments regarding the spread of COVID-19 and the treatment of those diagnosed, and educates colleagues on this topic.



Mitigation of RSV Exposure Risks and Complications Amongst Infant, Geriatric, and Immunocompromised Populations

Saturday, April 15 | 3:25pm-3:40pm EDT

Robert W. Hostoffer, DO

Dr. Robert W. Hostoffer is an AOA board-certified osteopathic allergist, immunologist and pediatrician. Dr. Hostoffer practices at Allergy/Immunology Associates in Mayfield Heights, Ohio. He is a clinical professor at the Ohio University Heritage College of Osteopathic Medicine at Athens, an associate professor at Case Western Reserve University in Cleveland and an adjunct professor at Lake Erie College of osteopathic Medicine.

Dr. Hostoffer is the past president of the American College of Osteopathic Pediatricians, Cleveland Academy of Osteopathic Medicine, Cleveland Allergy Association and the Ohio Osteopathic Association. He is now a member of the board of the American Osteopathic Association. He is the program director of the Allergy/Immunology fellowship (ACGME/Osteopathic Recognition).

Dr. Hostoffer earned his osteopathic medical degree from the Philadelphia College of Osteopathic Medicine. He completed his pediatric residency training at Doctors Hospital in Columbus, Ohio, and a fellowship in pediatric immunology from the University of Alabama at Birmingham. He has completed a master's in medical education (LECOM, Erie, PA) as well as a master's in business administration (St Joseph University, Philadelphia, PA) and a certificate in Physician Leadership from the University of Chicago.

Dr Hostoffer has authored over 100 peer-reviewed articles, 14 book chapters, 160 abstracts/posters and given 290 invited presentations.



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General Sessions

Ways to Use Social Media to Educate Patients and the Public

Saturday, April 15 | 3:40pm-4:00pm EDT

Rebecca Wolff, OMS III and Stephanie Koplitz, OMS III

Rebecca Wolff is a third year medical student at Lake Erie College of Osteopathic Medicine (LECOM) in Erie, Pennsylvania.

Student Doctor Wolff serves as the 2023-2024 President of the Student Osteopathic Medical Association (SOMA). SOMA is the nation's largest student-led network of osteopathic medical students serving over 30,000 medical students. As an American Osteopathic Association affiliate, SOMA has direct representation to the AOA.

Previously, Student Doctor Wolff served on the Pennsylvania Osteopathic Medical Association (POMA) Board of Trustees. There she worked alongside POMA leadership to develop a CME series targeted toward POMA members on Substance Use Disorder. She also advocated for the development of POMASketchyMedicine which offers a scholarship for Pennsylvania Osteopathic Medical students to receive this board review product for a 2-year time period.

Student Doctor Wolff is looking forward to applying Internal Medicine in the 2024 Residency Match. She is currently on her clinical rotations in Niagara Falls, NY.

Stephanie Koplitz is a third-year medical student at Edward Via College of Osteopathic Medicine (VCOM) in Monroe, Louisiana. She is a member of VCOM Louisiana's inaugural class.

Student Doctor Koplitz serves as the 2023-2024 Vice President and Speaker of the House for the Student Osteopathic Medical Association (SOMA). SOMA is the nation's largest student-led network of osteopathic medical students serving over 30,000 medical students. As an American Osteopathic Association affiliate SOMA has direct representation to the AOA.

Previously, Student Doctor Koplitz was the founding Chapter President of VCOM Louisiana's chapter of the SOMA. She served on the National SOMA Board of Trustees as the 2022-2023 Region II Trustee. Student Doctor Koplitz also serves VCOM Louisiana as a Student Ambassador.

Student Doctor Koplitz is passionate about advocacy and increasing access to equitable medical care to underserved populations. She is an aspiring internal medicine physician and is eager to participate in the 2024 residency match. She is currently on clinical rotations in Monroe, LA.



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Congressional Meetings / In-Person Session Descriptions

Wednesday, April 19, 2023

TIME

4:00pm-6:00pm
6:00pm-6:45pm
7:00pm-8:00pm
8:00pm-9:30pm

EVENT

Congressional Meeting Preparation Session
Networking Reception
General Session and Awards Presentation
OPAC Reception (Fundraising Event)

TIME

Grand Ballroom, Mayflower
East Ballroom, Mayflower
Grand Ballroom, Mayflower
East Ballroom Mayflower

Thursday, April 20, 2023

TIME

7:30am-8:30am
8:30am
9:00am
9:30am-5:00pm

9:30am-5:00pm

EVENT

Continental Breakfast
Group Photo at The Mayflower
Group Photo on Capitol Hill
Congressional Meetings
Attendees will receive individual scheduling with appointment information via Soapbox Consulting
DC Office Open House

TIME

District Ballroom, Mayflower
Main Lobby, Mayflower
Capitol Hill
Capitol Hill

DC Office
511 2nd Street, NE
Washington, DC 20005

Congressional Meeting Preparation Description

Important information about your Congressional meetings will be presented during this session. Participants will learn about the legislative issues that they will be advocating for during their meetings with lawmakers. They will also receive an update on lobby day logistics, receive their updated meeting schedules and have an opportunity to get organized and practice with their fellow participants.

All times listed are Eastern Daylight Savings Time

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Awards Recognition

The General Session on Wednesday, April 19 will also feature the recognition of the AOA Advocacy award recipients for the following awards:

Individual Excellence in Advocacy Award

Student: Joseph Asper, OMS II
Resident: Brooke Laudenslager, DO
Physician: Jodi Benett, DO
Affiliate Executive: Stephen Winn

Organizational Excellence in Advocacy Award

Illinois Osteopathic Medical Society

Excellence in Media Award

Owais Durrani, DO

Excellence in Journalism Award

Alexis Cates, DO

Congressional Champion of Osteopathic Medical Award

Congressman Ami Bera, MD (D-CA-6)
Congressman Michael Burgess, MD (R-TX-26)

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Q) Will I meet with my members of Congress personally?

- A) Possibly, but this varies from meeting to meeting. Members of Congress have very busy schedules. Between votes, committee hearings and meetings with other constituents, their time is scheduled down to the minute. They may spend the whole meeting with you, two minutes, or none at all. We always request that the Congress member be present at the meeting, but you may also meet with staff who are experts in the issues and influential in helping members develop their positions.

Q) Do I make my own appointments?

- A) No, we will handle that for you. The AOA Public Policy team will match your voting address against the congressional database to request appointments with your elected officials. Because congressional schedules can change at a moment's notice, you will not receive your tentative schedule until a few days before the event, and some meetings may even change the day of the event. For this reason, anyone participating in congressional meetings must be available for the entire day (9:30am-5:00pm EDT) on Thursday, April 20.

Q) Why is space limited for Congressional meetings on Wednesday?

- A) Congressional meetings are more productive when meeting group size is limited. Smaller group sizes tend to facilitate more substantive discussions and provide an opportunity for more participants to speak.

Q) Can I attend only one day?

- A) Participation in congressional meetings is not required. Anyone unable to participate in congressional meetings on Thursday, April 20 can still attend the virtual conference on Saturday, April 15 and Sunday, April 16, as well as the Wednesday afternoon general sessions. However, attendance on Wednesday, April 19 is required for anyone participating in congressional meetings on Thursday, April 20.

Q) How or when will I be notified if I've secured a spot to attend in-person congressional meetings on Thursday?

- A) Your DO Day registration confirmation will include all event details. Anyone placed on a waitlist for congressional meetings will be informed of that in their registration confirmation.

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