



June 8–11, 2017

OMNI Grove Park Inn
Asheville, NC

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Regional Osteopathic Medical Education



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This Live activity, ROME Southeast 2017, with a beginning date of 06/08/2017, has been reviewed and is acceptable for up to 25.5 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity



PROGRAM

ROME Southeast June 8–11, 2017

at the OMNI Grove Park Inn, Asheville, NC

PLEASE NOTE: Program details are subject to change without notice. *Last revised: 5/24/2017*

Thursday, Jun. 8	PRESENTATIONS/EVENTS	SPEAKER	SPECIALTY
11 am–6 pm	<i>Registration</i>		
2–2:15 pm	Welcome, Opening Remarks	Ronald R. Burns, DO	
TRACK: Primary Care Updates			
2:15–3:45 pm	Ankylosing Spondylitis: Optimizing Diagnosis and Management in Primary Care	Julie M. Jones, DO, MS	IM, RHU
3:45–4 pm	<i>Break</i>		
4–5 pm	Mindfulness in Medicine: Promoting Physician and Patient Wellness	Alexis M. Stoner, PhD, MPH	
4–6 pm	<i>Exhibitor Setup</i>		
TRACK: OMM/OMT			
5–6 pm	Coding and Billing for OMT, and Other Top Questions Asked of AOA Practice Management Experts	Cindy Penkala, CMM, CMPE, CMSCS, CPOM	
Friday, Jun. 9	PRESENTATIONS/EVENTS	SPEAKER	SPECIALTY
6:30 am–6 pm	<i>Registration</i>		
6:30–7 am	<i>Exhibitor Setup</i>		
7–8 am	<i>Breakfast in Exhibit Hall</i>		
7 am–7 pm	<i>Exhibit Hall Open</i>		
7:30–9:30 am	Common Upper and Lower Extremity Disorders that Can Be Addressed with Osteopathic Manipulative Medicine	Thomas M. Motyka, DO	NMO, IM
9:30–10 am	<i>Exhibitor Break</i>		
TRACK: Obesity			
10–11 am	The Power of Exercise	Donald C. Maharty, DO, FACOFP	FOM
11 am–noon	Sleeping Your Way to Better Health	Andrew T. Martin, DO, MBA, FAWM, FAOASM	FOM, FSM
TRACK: Public Policy			
Noon–1 pm	AOA Health Policy and Advocacy Update	Nicholas Schilligo, MS	
1–1:30 pm	<i>Lunch served in Exhibit Hall</i>		

TRACK: Obesity

1:30–2:15 pm	Simplifying the Discussion about Obesity	Nicholas J. Pennings, DO	FOM
2:15–3 pm	When the Doctor Becomes the Patient: Avoiding Burnout Syndrome	Tiffany Lowe-Payne, DO	FOM

TRACK: Primary Care Updates

3–4 pm	Vitamins, Minerals, and Neuromusculoskeletal Health	Rebecca J. Bowers, DO	NMO
4–4:30 pm	<i>Exhibitor Break</i>		
4:30–5:30 pm	Medication Reviews: What? Why? Who? How? When?	Adrienne Z. Ables, PharmD	
5:30–6 pm	Senior Wellness: Kick the Cane	Erin N. Huston, DO	FOM
6–7 pm	<i>Reception in Exhibit Hall</i>		
7–7:30 pm	<i>SCOMS Membership Meeting</i>		
7–7:30 pm	<i>Exhibit Hall Breakdown</i>		

Saturday, Jun. 10**PRESENTATIONS/EVENTS****SPEAKER****SPECIALTY**6:30 am–5:30 pm *Registration*6:45–8 am *Breakfast Served***TRACK: Preventive Medicine**

7:30–8:30 am	Healthy Pets, Healthy People	Heather Bair-Brake, DVM, MS, DACVPM	
8:30–9:30 am	Overview & Prevention of Concussions	Arlene Greenspan, PT, DPH, MPH	
9:30–10 am	<i>Break</i>		
10–11 am	Vitamin D Deficiency and the Immune System: Implications for Primary and Specialty Care	Eleanor Campbell, DO	FM
11 am–noon	Super Food or Super Hype?	Barbara Ann Hughes, PhD, MPH, MS, RDN, FADA, FAND	
Noon–12:30 pm	<i>Lunch Served</i>		
12:30–1:30 pm	<i>Luncheon Speaker:</i> Women and Stable Ischemic Heart Disease	Kathleen Drinan, DO, FACOI, FACC	IM, C
1:30–2:30 pm	Prevention of Nosocomial Infections	Manuel D. Rodriguez, DO, MS, MPH, FACP	IM, ID
2:30–3:15 pm	Preoperative Evaluation: A Time-Saving Algorithm	Michael Arnold, MD, FAAFP	FP
3:15–3:30 pm	<i>Break</i>		
3:30–4:30 pm	Do Genetic Tests Make Sense for Prevention?	Maria D'Addario, MS, LGC	
4:30–5:30 pm	Adaptive Tai Chi for Rehabilitation	Robert Crook, DO Zibin Guo, PhD	FOM, PHM
5:30–6:30 pm	<i>GOMA Meet & Greet Reception</i>		
6–7 pm	<i>NCOMA General Membership Meeting</i>		

Sunday, Jun. 11	PRESENTATIONS/EVENTS	SPEAKER	SPECIALTY
7 am–noon	<i>Registration Open</i>		
7–8 am	<i>Breakfast</i>		
TRACK: Primary Care Updates			
7:30–8:30 am	Maxillary Expansion and Pediatric Sleep Apnea	John R. White, DDS	
8:30–9:30 am	Beyond Opioids: Adjuncts for Treating Pain	Ronald Januchowski, DO, FACOFP	FOM
9:30–9:45 am	<i>Break</i>		
9:45–10:45 am	Childhood Obesity: Is Primary Prevention the Key to Decreasing the Prevalence and Co-Morbidities of Obesity Even Into Adulthood?	JuliSu DiMucci-Ward, MPH, RD, CDE, LD	
10:45 am–noon	Let's Talk: Screening Guidelines	Teresa M. Kilgore, DO, FACOI	IM
Noon	<i>Conference Adjourns</i>		

SPECIALTIES *(in process):*

C	Cardiology
FOM	Family Practice/OMT
FP	Family Practice
FSM	Sports Medicine/Family Practice
ID	Infectious Diseases
IM	Internal Medicine
NMO	Neuromusculoskeletal Medicine/OMT
PHM	Physical Medicine and Rehabilitation
RHU	Rheumatology

ROME Southeast 2017 Educational Planning Committee:

Ronald R. Burns, DO — Chair, AOA Trustee	Tiffany Lowe-Payne, DO (NC)
Michael Baron, DO (GA)	Donald Maharty, DO (NC)
Rebecca Bowers, DO (SC)	Bethany Powers, DO (SC)
Dianna Glessner, DO (GA)	David Tolentino, DO (NC)
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